



WEEKLY REVIEW

Rotary



CREATE HOPE
in the WORLD

April 2, 2024
Volume XXXI, Issue 38

Rotary Club of Rock Island

Rock Island, Illinois

Meeting Tuesdays at Noon – Quad City Botanical Center



Aaron Shivers Oak Street Health

Aaron Shivers was named Community Relations Manager at Oak Street Health in September of 2023. Shivers, a 2007 graduate of United Township High School where he excelled in football and track, has had a colorful and varied career since

graduating from the University of Dubuque in 2011 with a bachelors in business management. He went on to earn a second bachelors from Full Sail University in Arts, Entertainment and Media Management in 2018. He added a masters degree in public relations and image management from DePaul University. Along the way he worked as a disc jockey, entertainer, and emerging rap recording star working in Las Vegas. A commitment to take care of his two children led him back to the Quad Cities and his current position with Oak Street Health with clinics in Moline and Davenport. Oak Street Health, specializes in caring for older adults on Medicare. They make senior healthcare easy with an entire team dedicated to the patient. They take care of everything, providing seniors with personalized primary care so the patient can stay healthy and focus on doing the things they love. They say they have, "Doctors Who Actually Listen". The doctors have a note-taker on hand so the doctor can give the patient their full attention. Patients don't feel rushed and they'll make sure you understand everything. They allow 45 minutes for each patient visit. They also say the patients "Don't Have to Lift a Finger", believing that managing healthcare should be simple. They help eliminate the hassles – from medical records and insurance paperwork to making the most of Medicare benefits. They want to be "More Than a Doctor's Office", saying Oak Street Health is healthcare and a community center in one. The Oak Street Health center has a community room rather than a waiting room offering a place to socialize and enjoy feel-good activities and events, including craft-making, education, and exercise classes. It truly is an innovative concept in health care services for older adults. Mr Shivers said they want to see their "patients" when they are happy and healthy, not just when they are sick. There are currently 200 Oak Street Health locations throughout the country. The concept began in Chicago. They believe in one doctor per 500 patients which Shivers said is about 50-75% fewer patients than typical doctors serve. He said when Oak Street exceeds 500 patients another doctor is hired. His area of expertise is in Community Outreach. Organizing events from Bingo, to health fairs, and community room events to help their senior citizen patients stay mentally and physically active. In so doing, they tout having reduced hospitalizations by 51%. Their approach to health care for those on medicare has earned the support and endorsement of AARP. Their facilities, in addition to the community room and examination rooms, also include an on-site lab for doing lab testing for their patients. They also have a media room set up for video conferencing and virtual meetings with specialists. Another innovative feature is their "Green Oak Street Van" that provides transportation to and from appointments for the patients. We appreciate the information and thank Mr. Shivers for a very interesting program.

April - May Calendar

- Apr 5 - Club Social – Pagala's
- Apr 9 - Laura Kann, Rotary District Foundation Chair
- Apr 16 - Bert Blood Scholarship presentation
- Apr 23 - Rotary Awards Luncheon
- Apr 30 - RIHS INncubator Program Students
- May 7 - TBA
- May 14 - Sarah Leonard – Earl Hanson Principal
- May 21 - Tyler Mitchell – The Project
- May 28 - Ryan Wille, Q.C. Botanical Center Plant Discovery Bus

*Service Above
Self*

Webpage
 [facebook](https://www.facebook.com/RockIslandRotary/)

CHECK US OUT!
www.rirotary.com
<https://www.facebook.com/RockIslandRotary/>

*One Profits
Most Who
Serves Best*

Rotary

Club of Rock Island



P.O. Box 4514
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www.rirotary.com

Officers

Cindi Gramenz, President
Sue Rector, 1st Vice Pres.
John Olinger, 2nd Vice Pres.
Anne McGlynn, Secretary
Tom Hammar, Co-Treasurer
Frank Lambert, Past President
Bob Swanson, Sgt. at Arms

Board Members

Rebecca Arnold, Director
Amber Brummit, Director
David Hodge, Director
Ruth Lee, Director
John Phillips, Director
Tracy Pugh, Director
Molly Shattuck, Director/Co-Treasurer
Tyla Sherwin-Cole, Director

Program Chair 2023-24

Rebecca Arnold

Presenters

July: Tom Hammar
August: Kai Swanson
September: Rebecca Arnold
October: Holly Sparkman
November: Rebecca Arnold
December: Bob Swanson
January: John Wetzel
February: Kai Swanson
March: Angela Campbell
April: Gary Rowe
May: Gary Rowe
June: Tom Hammar

Club Notes & Announcements!

★ **WELCOME GUESTS** – Today we welcomed multiple guests. Jon Enslin, Augustana new Vice-President of College Advancement was a guest of Erin Williams. Corbyn Beck of Illinois Casualty Company and a prospective member was a guest of her father, Howard Beck. Julie Gardner of Oak Street Health was a guest accompanying our speaker. Finally, we welcomed Jr. Rotarian from Alleman High School, Lucy Nonneman, K.J. Ohr, and Mackenzie Burkett. Rock Island Rotary loves to welcome guest and visiting Rotarians to our meetings. We are confident that those that attend a “Number 1 Club” meeting will want to return!

★ IMPORTANT ROTARY EVENTS COMING UP!

- **DISTRICT CONFERENCE** – Our Rotary District Conference will be held in Moline at the Stoney Creek Hotel on **April 26th & 27th**. There will be great speakers, interesting discussions, club displays, entertainment, and District awards presented. Talk to any of our members that attended previous Conferences and they will tell you it is an experience well worth your time. If you’ve not been to the Stoney Creek Hotel, it is just east of the Vibrant Arena and near to Johnny’s Steak House.
- **ROTARY WINE & DINE RAFFLE** – Tickets are now available for our 2024 Wine & Dine Raffle with winners to be drawn, **May 28th**. Tickets are just \$5 or five for \$20. There will be five winners, each receiving a \$200 gift certificate for food and beverage at one of five selected Rock Island and Milan establishments. See Ruth Lee to purchase tickets OR If you will help promote and/or sell tickets to your friends and colleagues, Ruth will provide returnable tickets on consignment to you and small posters for display..

★ **BRING YOUR FOOD DONATION!** During the month of April, we ARE gathering food for World Relief. They are in need of vegetable oil, rice (jasmine or long-grain white), and flour (wheat, rice, or cornmeal). Please bring your donation to any meeting in April. This will be our final collection for this Rotary year. The goal for the year is 20 pounds of food per member. Cindi has been keeping the tally and we have a way to go! Although rice isn’t very heavy, flour and vegetable oil can get you caught up quickly. The challenge is fun, but the need is very serious and important.

★ **HAVE ITEMS FOR NEWSLETTER?** – Send to, bobdebswanson@att.net. Our newsletter goes via email every Tuesday afternoon. Items received by 11am Tuesday can be included that day. committee chairmen send advance notice of your committee meetings so we can get the word to your members.

The Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian’s occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian’s personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

The Four-Way Test

(of the things we Think, Say or Do)

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

APRIL ROTARIAN BIRTHDAYS

Frank Perez	April 17
Mark Zimmerman	April 17
Rick Devinney	April 18
Kathy Ruggeberg	April 20
Kristia LeShoure	April 23
Rick Emery	April 26

PAGALO'S PIZZERIA

IT'S PURELY SOCIAL!

Sign Up At the Sergeants Table Or
Email Ruth Lee at rotarianruth@gmail.com

Rotarian after work fun & food!
Friday, April 5th 4:30 – 7:00 Drop-in
Bring your spouse, prospective member,
Colleague or Friend! It's all Dutch Treat!

ROTARY FOUNDATION MINUTE

In recognition of International Women's Day, set aside for women around the world to advocate for their rights, and in tune with The Rotary Foundation's focus on WASH (Rotary's water, sanitation, and hygiene programs), this week's Foundation Minute is dedicated to the recipient of the 2024 Rotary International Sylvia Whitlock Leadership Award, Manjoo Phadke.

In a RI online report by Etelka Lehoczky, the 20-year long member of the Rotary Club of Pune Deccan, Gymkhana Maharashtra, India, has pursued numerous initiatives to support women's health, including organizing clinics to offer medical checkups and mammograms and leading campaigns to promote menstrual hygiene. Praised for her initiative and dedication, Rotarian Phadke is responsible for securing a Rotary Foundation Grant of \$800,000 to pay for vaccinations for which she aggressively negotiated directly with the vaccine suppliers, ultimately saving two-thirds off the final cost per vaccine. This phenomenal Rotarian has improved the lifestyle of Indian girls and women through various programs she initiated including, Project Asmita, her district's signature initiative which uses specially made videos and booklets to educate girls in life skills such as financial, digital, and legal literacy, as well as self-defense, nutrition, and menstrual health. The project has distributed free vitamins and sanitary pads to more than 100,000 girls and women.

Another initiative is SkillArbor, a vocational institute for lower-income students. The institute takes a "learn while you earn" approach, connecting participants with employers on their first day in the program. As an entrepreneur herself, Phadke says, she has a special interest in helping women who want to run their own businesses. Her district recruited about 1,000 girls for a driver's education program that enabled the participants to go into business as delivery drivers. "We thought that if girls can be taught to drive, they can be employed as delivery girls for supply chain companies," she says. "We also gave them some vans to ferry children to school." Phadke has conducted free workshops for women entrepreneurs and advises women on legal matters, financial issues, and conflict resolution. "Unfortunately, in India, women have this tendency of neglecting themselves,...For example, if there is one liter of milk, women think it should be given to the men or the boys. We have to make them understand that if the woman of the house is healthy, the entire house can be healthy." (Manjoo Phadke, 2024 RI Sylvia Whitlock Leadership Award Recipient).

CLUB WILL PROVIDE AUCTION BASKET FOR DISTRICT CONFERENCE



A popular fundraising aspect of the upcoming District Conference is a silent auction basket event with Clubs in the district asked to create and donate a basket. Rock Island Rotary has participated each year and will continue that effort at this year's Conference in April. Sue Rector has volunteered to spearhead creating the basket and came up with the idea of highlighting Rock Island with a basket loaded with "Made in Rock Island" and Rock Island related items. Sue has Boetje's Mustard, but we know there is much more out there. Anyone who can provide an appropriate item for the basket, please get it to Sue as soon as possible. Anything from a product, to an Augustana item, to a toy Rock Island Lines locomotive, (just to give a few ideas) will be great! Time is of the essence so please get your item to Sue or let her know it is coming in the next two weeks

FOUNDATION RAFFLE



Today's raffle offered a 50.50 cash drawing and a bottle of fine Nimble Sauvignon Blanc wine. Bud Phyllis handled the drawing and announced the first ticket drawn. It was held by Ruth Lee who took the cash and promptly donated it to our Club's Kenya Water Project. The second lucky winner was held by an Alleman student who quickly passed the ticket back to its purchaser, Bill Stengel, who was happy (and legal) to accept the wine! We thank everyone who participated in the raffle. Funds raised go to support the great work of the Rotary International Foundation.



ROTARY WINE & DINE RAFFLE TICKETS ARE AVAILABLE NOW!

See Ruth Lee or Gary Rowe to purchase tickets and/or to obtain tickets to sell.
You may return unsold tickets. Small window posters are also available for your place of business.
Tickets are just \$5 or five for \$20.

Five lucky winners will receive a \$200 Gift Certificate to one of five outstanding local food and beverage establishments including: The Rock Island Ale House, Circa21 Dinner Playhouse, Huckleberry's Italian Restaurant, The Old Oaks Winery, and Pagalo's Pizzeria & Gelato Café.

FINES & HAPPY/SAD DOLLARS

Once again V.P. John Oliger started humbly professing saying he didn't intend to fine anyone, BUT – then the hammer struck. Bob Swanson and Bud Phillis were fined for appearing in a great article in the Quad City Business about our Kenya Water Project. Thank you Kenda Burrows, Rotary appreciated the recognition. Sarah Gorham was fined for needing to leave early. Tom Hammar paid a fine for sitting at the Birthday Table (he doesn't have an April birthday) saying he didn't want his buddy Rick Devinney (who is an April baby) to sit alone. We then moved to happy/sad dollars and John Oliger led it off with a happy dollar recognizing Augustana's Speech Pathology Master's degree program receiving full accreditation. His daughter is in that program. Kevin Koski offered \$7 happy dollars celebrating Finland being recognized as the "Happiest Country in the World" for the seventh consecutive year. Ruth Lee then pointed out that in the Business Journal article about our water project she and Marcy Bell were also pictured, and Ruth's guilty conscience required her to pay the fine. (She also told John he needed to read his newspaper more carefully, so he chipped in another \$1 fine. Howard Beck had a happy and a sad dollar. He announced his quickly approaching retirement from Illinois Casualty Company and that he will be transferring his Rotary membership to his hometown Geneseo Rotary. That was the sad news. The happy news is that his daughter Corbyn Beck who also works at Illinois Casualty will be taking his place as an ICC corporate club member. That is good news! Welcome Corbyn!! Gary Rowe had a happy dollar for the Illini men's basketball team even though they lost to UConn. He noted they had a great season, finishing in the final eight of the NCAA Tournament. Kathy Trone responded with a big happy dollar for the Iowa Women's Basketball team that is still alive and in the NCAA final four! Bob Swanson put in a happy dollar for the Fighting Illini women's basketball team that has won their way into the NIT Championship game. We appreciate every one that joined the fun and note that all proceeds go to support Rotary's fine work throughout the community and world.



Specific needs: Vegetable oil, Rice (jasmine or long-grain white), and Flour (wheat, rice, or cornmeal). Please bring your donation to any meeting in April

World Relief is a global Christian humanitarian organization whose mission is to empower the local church to serve the most vulnerable. They aim to tackle the world's greatest problems with holistic, locally-driven solutions that lead to lasting change — whether in response to disasters, extreme poverty, violence, oppression or mass displacement and immigration. World Relief's work in the United States, specifically, focuses on helping refugees and other immigrants in vulnerable situations rebuild their lives in a new country.

The 2023-24 Rotary District 6420 project is working to end hunger. Our District Governor set a goal asking each Club in the district to donate 20lbs of food (or more) for each member of the Club. Donations could be made to any food pantry or meal site our club selected. After seeking input from all members our club agreed to donate food last September to Christian Care; October: to Heart of Hope; January to Project Now / Head Start; February to SAL Community Services; and now in April: to World Relief. This is our final collecting food. If you suspect you have not reached the 20lb goal, please do your best to hit that mark during this month!

2024 Rotary District Conference In Our Own BACKYARD

**** SAVE THE DATE ****

District 6420 Conference

“Rotarians: People of Action”



Stoney Creek Hotel & Conference Center
Moline, Illinois

Friday, April 26th, 4:30pm through
Saturday, April 27th, 9:00pm

**ROCK ISLAND ROTARY WILL REIMBURSE
YOUR REGISTRATION FEE!***

Registration Online Now. Control/Click on this link:

https://link.edgepilot.com/s/f00ba3a4/Sgxv4JQn3kGvN5_pfsy-1Q?u=https://bit.ly/6420DistrictConference

Rotary
District 6420



***Our Club will reimburse \$95 to members who register and attend:**
Early bird registration: \$95 until April 12, 2024.
Standard registration: \$125 from April 13 – 19, 2024.
There will be no registrations onsite.

S·A·L COMMUNITY SERVICES

28TH ANNUAL
**LITTLE BOGEY'S
Golf Classic**

By investing in SAL Community Services, you are ensuring that our most under-resourced community members have the supports they need to thrive.

**JOIN US MONDAY, MAY 13, 2024
AT OAKWOOD COUNTRY CLUB**

4 PERSON SCRAMBLE

\$175 PER PERSON / \$700 PER FOURSOME

**SHOTGUN START AT NOON
REGISTRATION OPENS AT 10:30 A.M.**



Each Golfer Package Includes:

- 18 holes of golf with cart
- Boxed lunch
- 2 drink tickets
- Goodie bag
- 1 individual mulligan
- 1 special tee
- Entry into the long putt contest
- Chance to win team and individual prizes
- Awards banquet dinner with a silent auction, raffle, mystery prize game, and more!

Register Here:



Proceeds benefit SAL Community Services | Register and learn about sponsorship opportunities here: www.givebutter.com/LittleBogeys2024