



**IMAGINE
ROTARY**

Rock Island Rotary Weekly Review

May 2, 2023 Volume XXX, Issue 44
MEETING TUESDAY NOON - QUAD CITY BOTANICAL CENTER



"Living in the 4th Quarter with No Regrets"

Mary Anne McLeod



May Calendar

- May 9 - Sara Leonard- Earl Hanson School
- May 16 - Ed Tibbetts – Community Journalism
- May 16 - 1:00pm Membership/ Mentoring Committee Meeting
- May 23 - Sara Cross- First Tee Quad Cities update.
- May 30 - The I-74 Bridge Demolition- Image Consultants

After spending 36 years at Bethany, Mary Anne McLeod retired June 30, 2021. Mary Anne was paramount in Bethany's success in reaching youth in Quad Cities. Implementing many programs, she has been an advocate for prevention education on both sides of the river. Having secured over \$10 million in grants over the years to develop and enhance programs, she is a well-recognized speaker and educator on teen sexuality and related issues, as well as an advocate for youth. She was a force for Bethany for 36 years and has had a huge impact in the Quad Cities. Mary Anne holds a Master of Science in Education & Interdisciplinary Studies from Western Illinois University. One of the significant programs started under her leadership was the Free Access Clinic for Teens which opened in 2013 at the Edgerton Women's Health Center in Davenport, giving young women access to free health care, tests and information on birth control and sex education in a trusted, safe location, officials said Monday. The walk-in clinic, known by the acronym FACT, was made possible by a partnership between Bethany for Children & Families and Edgerton. At the time Ms. McLeod stated, "While Bethany obviously has a long history, the agency has during the past 30 years moved beyond the provision of child welfare and adoption services to address problems and situations that impact the children, youth and families of the Quad-Cities area." McLeod has also been a strong advocate of teen pregnancy prevention noting that only 38% of moms who have a child before 18, graduate from high school; 80% of teen fathers do not marry the mothers of their first child and contribute less than \$800 annually for child support; only 2/3 of children born to teen moms receive a high school diploma compared to 81% of children born to adults; daughters of teen mothers are 3X more likely to become pregnant as a teen than daughters born to mothers who were age 20-21; sons of teen moms are 2X more likely to end up in prison; over 75% of unmarried teen mothers will receive welfare; and children of teen parents are 2X more likely to suffer from abuse and neglect." Mary Anne's age is 80 and she now is excited about what comes next! Today she spoke to us about lessons she learned from two books, "No Regrets" and "Living In The Fourth Quarter". She recommended them highly and said they were life changing. She said the first lesson was "Be With People". She then asked four questions. 1) What matters most yesterday or today? 2) What is most important, what others think of you or who you are? 3) What is most important, doing things right or doing the right thing? 4) What is best giving or getting? She got the answers from the audience and agreed that yesterday is gone and tomorrow is what is important; being who you are outweighs what others may think you are; doing the right thing matters more than doing things right, and giving far outweighs getting. It is all a question of what matters most. She then defined the 4 Quarters of Life saying that the fourth quarter is the 61 to 80 age bracket. Rather than feeling 80 is old and I'm going to die, she advocates approaching it as "Wow, I'm 89 – What comes next! She suggested five steps to a successful 4th Quarter. 1) Say "Yes" to a higher power 2) Focus on a virtue 3) Give time and treasure to others 4) Forgive often 5) Be open to life – seek new beginnings.

CONTINUED :McLeod Page 2

Rotary

Club of Rock Island



P.O. Box 4514
Rock Island, IL 61204
www.rirotary.com

Officers

Cindi Gramenz, President
Eric Westphall, 1st Vice Pres.
Sue Rector, 2nd Vice Pres.
Anne McGlynn, Secretary
Carrie Crossen, Treasurer
Justin Peterson, Past President

Board Members

Rebecca Arnold, Director
Amber Brummit, Director
Rick DeVinney, Director
David Hodge, Director
Mariah Johnson, Director
John Phillips, Director
Monta Ponsetto, Director
Kathy Trone, Director
Bob Swanson, Sergeant at Arms

Program Chairs 2022-23

July – Tom Hammar
Aug-Sept – Tyla Sherwin-Cole
Oct - Nov – Rebecca Arnold
Dec-Jan – John Wetzel
Feb-Mar – David Hodge
Apr-May – Gary Rowe
Jun-Jul – Tom Hammar

Club Notes & Announcements!

- ❑ **WELCOME GUESTS** – We had three guests today. New Jr. Rotarians from Alleman, Andrew Torres and Elise Aunan were accompanied by member soon to be inducted, Lindsey Honert. Kim Grage, a prospective members with Edward Jones also joined us. She was a guest of Tom Hammar. We love having guest visit the No. 1 Club! We hope you enjoyed your visit and will come back to see or **join us** again!
- ❑ **ROTARY RAFFLE TICKETS AVAILABLE!** – The Big day when the five winners will be drawn is fast approaching! Get your raffle tickets from Gary Rowe. Proceeds fund our “Service Above Self” scholarship for Rock Island High School students. Tickets are \$5 or 5 for \$20. There are FIVE prizes, each for a \$200 gift card for a local Wine & Dine establishment! Winners will be drawn at our regular meeting on May 23rd. See page 6 for more details..
- ❑ **NOTHING READS LIKE A BOOK CHALLENGE** – President Cindi “Walked the Walk and Talked the Talk” today making a personal donation toward our District Project to provide 1 book per Club member to help stock the new Rock Island 30th Street Branch library with quality children’s books; AND she challenged all to match her! We currently have 93 members (5 Honorary, 24 corporate, and 64 individual) so we need a minimum of 93 books! The donation box will be out next week so come prepared!
- ❑ **INTERACT STUDENTS LEAVE FOR RYLA** – Friday, May 5th held at the Laredo-Taft Camp in Lowden State Park just outside of Oregon, Illinois. They will leave from Rock Island High School at 2:30pm John Oliger will be driving them to camp, but we still need a driver to get them Sunday, May 7th at noon. We have a large van available, but need a driver for the return trip! If you can help contact Bob Swanson at bobdebswanson@att.net or 309-738-3476.
- ❑ **MAKE EVERYONE FEEL WELCOME!** We are very fortunate to have gained several new members in the past few months. If you see a face you don’t recognize, take a moment to say “Hello”, shake hands, and become acquainted.
- ❑ **HAVE ITEMS FOR OUR NEWSLETTER?** – Send to bobdebswanson@att.net
The Weekly Review is distributed each Tuesday afternoon.

McLeod – Continued

The goal is to have meaning in your life and die with no regret. Ms. McLeod suggested we can do that by determining what is most important in life and then following these suggestions:

- Explore your dreams
- Learn to say no
- Live with intent, clarity & purpose
- Eliminate time wasters and soul destroyers
- Declutter your life
- Know your story (your losses and celebrations, failures, and successes)
- Do what energizes you
- Use words of encouragement for others
- Nourish important relationships
- Be a Good listener
- Think before you speak
- Ask others what their goals and aspirations are
- Focus on the positive

In closing Mary Anne said we should all schedule three appointments:

1. With yourself = Decide Live Life to the fullest
2. With a higher power – Be at peace with the unknown
3. With death – Realize we all die. Prepared for that inevitability in all aspects including your relationships

We thank Mary Anne for an interesting and very thought provoking and helpful program.

This Event is Open to All Rotarians in the Quad Cities – Please Join the Fun & Spread the Rotary Word!

HAPPY HOUR *with* ROTARY

JOIN US FOR
NETWORKING, BREWS & CAMARADERIE

Thursday, May 11th

4:00 - 7:00 PM

at

Crawford Brew Works
3659 Devils Glen Rd Bettendorf, IA 52722

ALL AREA
ROTARIANS
&
GUESTS
WELCOME

Boogie's
Bread & Such
Food Truck



Hosted By

Iowa Quad Cities
Rotary



North Scott
Rotary



Davenport
Rotary



Bettendorf
Rotary





BIRDIES FOR CHARITY IN FULL SWING

YOUR PLEDGE IS NEEDED. Every dollar pledged by Club members is returned to Rock Island Rotary with an added bonus from the Deere Charitable Foundation, guaranteed to be at least 5%. Last year the bonus was 7%. All pledges will be invested in our local Club Foundation. The principal is never spent. The income earned from the Foundation investments goes toward major Club Grants for the betterment and benefit of Rock Island and its citizens.

Pledge forms were emailed to all members and are available in this newsletter. Return your completed pledge to Kevin Koski or to the Sergeant's Table. For your convenience you can call or email Kevin, and he will fill out and submit the pledge form for you. You will receive an invoice for your pledge. Call Kevin at 788-6007 or email kevinkoski3@gmail.com. Our goal this year is pledges from 40 members (that's less than half our membership!) and a total of \$5,500 in pledges. This is the best way to support our Club Foundation whether \$10 or \$1,000!

Nothing Reads Like a Book!

2022-2023 District-Wide Service Project

For the 2022-2023 Rotary year, our District-wide service project extends the good work of our District and Club's Literacy Committees by asking each Rotarian in our District to donate one new book to a local library. Rock Island Rotary decided to donate our books to the children's book section at the new 30th Street Rock Island Public Library Branch. By purchasing the needed books through the Library we get the best price per book, so cash donations go farther than book donations. We will have a donation box out periodically at our upcoming meetings to accept your donations. You can donate via check payable to Rock Island Rotary noting "Library" on the memo line. Those can be given to Treasurer Carrie Crossen anytime.



President Cindi made her donation and Challenges each of us to match it (or at least donate something, more or less!)

TRIVIA



FOUNDATION RAFFLE

Today's prizes were a bottle of fine old vine Zinfandel, a table for 8 at the upcoming Christian Care Trivia Night, and a 50/50 cash drawing. The first lucky winner was Anne McGlynn who took the wine. Frank Lambert had the second winner, took the cash, and donated it to the Rotary Foundation. Pete Wessels was the lucky winner of the Trivia Night Table for 8. Thank you to all who purchased raffle tickets!



FINES & HAPPY/SAD DOLLARS

Ruth Lee paid a fine for a recently published letter to the editor regarding the past mid-term election. She later paid Happy dollars in celebration of her birthday and her 55th Anniversary with husband Dan Lee. Eric Westphall who joined via ZOOM was fined for a recent newspaper article complimenting MidAmerican Energy for their fast and professional response to recent storm damage. Tracy Pugh paid two fines, one for having to leave early today and the other for his appearance in recent television coverage of the Rock Island-Milan School Board. Gary Rowe chipped in a dollar for appearing in the same TV news. John Wetzel paid a fine also for leaving early today. Rebecca Arnold was fined in absentia for a Community Foundation Newsletter article that quoted her. Gary Rowe offered a sad but happy memories dollar for news that an Exchange student that lived with Gary and Linda in 1996 had passed from a rare form of leukemia. He recounted fond memories of the young man's time with the Rowe family and subsequent visits they had while vacationing in Europe. Justin Peterson had two happy dollars, one in honor of his son's first communion, a very proud moment for his parents, and a Happy dollar for recently visiting the Bettendorf Rotary and selling \$80 worth of our Wine & Dine Raffle tickets while there. He also related that they got him for \$30 for their own wine pull fundraiser! Kathy Trone had a happy dollar for winning a year's worth of Bundt Cakes by "spinning the wheel" at HyVee. She'll get a cake a month for the next 12 months! What day should we stop over, Kathy? Bud Phillis announced that he was contributing \$5 for his bet with Frank Lambert. It is kind of a backwards bet. Between the Cubs and Cardinals, the supporter of the team that finishes the month ahead pays the \$5. I guess it makes sense, that way the fan of the team that loses in the standings doesn't also lose money and the fan that has the winning team probably doesn't mind paying \$5 to celebrate. So, for April, the better team was the Cuc and Bud paid up! Thanks to everyone who contributed fines & dollars!

Happy Birthday May Rotarians

Jen Osing	May	1
Brett Hitchcock	May	2
Ruth Lee	May	6
Beth Kauzlarich	May	5
Angela Campbell	May	9
Kimberly Calhoun	May	11
Cindi Gramenz	May	24
Eric Westphall	May	28

Happy
Birthday!



FOUNDATION MINUTE

RI's Month of Maternal & Child Health

Rotary Club of Jaipur Round Town, RID 3054 and Rotary Club of Rajdhani, RID 3292 (Nepal) collaborated to establish the Renal Sciences Center at the Rajasthan Hospital in Jaipur through a Rotary Foundation Global Grant worth \$288,000 USD. In a report by Team Rotary News, the RF-sponsored center will provide low-cost dialysis and associated services like retinopathy and neuropathy to less privileged patients. Project coordinator, PDG Ramesh Agrawal said that the project has already benefitted over 5,500 patients. The new facility will provide a complete spectrum of care from simple dialysis to a renal transplant procedure, cataract and laparoscopic surgeries and other related treatments at much lower costs than private hospitals. It has also helped in providing employment opportunities by training over 100 paramedical staff. (source: <https://rotarynewsonline.org/a-renal-care-centre-in-jaipur/>)

Fun Facts about Jaipur, India.

- ❑ The Pink City...so named when in 1876, the Prince of Wales and Queen Victoria visited India and the Maharaja of Jaipur ordered the whole city painted pink. Since then, it has become the color of hospitality
- ❑ Capital city of Rajasthan State, NW India.
- ❑ First planned city in India, started in 1726 and completed in 4 years.
- ❑ Population in 2023: 4,207,000
- ❑ Hosts World's largest free literary festival
- ❑ Has the most expensive hotel suites (The Raj Mahal Presidential Suite is \$50,000 per night)
- ❑ Jaipur has the biggest circular park in all of Asia.
- ❑ RID 3054 is home to over 125 clubs.

TIME TO BE THINKING ABOUT 2023-24

It seems incredible that we're already in May of 2023. New officers, Directors, and committee members will be taking office July 1st. Our member director book will go to press in mid-June and that will include a listing of our committees and those that are serving on each. Be thinking about where you would like to serve and in what capacity. You can volunteer for any committee by letting incoming president Eric Westphall know your preference. Unless the committee is already "over-loaded" chances are you'll get your choice. Check pages 31,32,33, or our current member directory for a listing of Club committees. Rotary is a "Service Club" don't be stingy or shy about your skill. Volunteer to serve where you think you can do the most good, and in areas where your service will give you pleasure and satisfaction. Every member is asked to serve on at least one committee. Many members serve on multiple committees. Eric will be distributing committee preference sheets in the near future, but you need not wait for that. Be thinking and feel free to let him know your preferences before the sheets come out! As you know, "Service Above Self" and "One Profits Most Who Serves Best," are Rotary's official mottoes.

Wine & Dine Raffle

5 Prizes! \$200 gift certificates will be awarded to one of the following:



Bayside
Bistro



Skylight
LUXURY LOUNGE

Tickets: 1 for \$5 or 5 for \$20

Drawings will be held May 23, 2023

Proceeds go to the Fred Houlton Service Above Self Scholarship



1 ticket: \$5



5 tickets: \$20

Purchase tickets by scanning the QR Code of your choice, OR Email us at

rotaryclubrockisland@gmail.com, OR control/click the link of your choice below.

<https://checkout.square.site/merchant/PEB6ZBFH2TVTE/checkout/FXUGYO74Y25BCKJBBX7EWDVK>

5 Tickets for \$20

<https://checkout.square.site/merchant/PEB6ZBFH2TVTE/checkout/FT7I5FEJZUD2OHZNADQHZM2P>

SIGN UP STARTING NEXT WEEK AT ROTARY!

Rock Island Rotary has arranged a totally FREE event for All Rotarians in the Quad City Area.

ROTARY NIGHT AT THE BACKWATER GAMBLERS! Sunday, June 25th

Inclement Weather Date Sunday, July 15th

THIS IS PURELY A ROTARY SOCIAL EVENT TO LET OUR FAMILY AND FRIENDS SHARE IN THE FELLOWSHIP OF ROTARY. THERE WILL BE NO FUNDRAISING OR PLEAS. JUST FUN IN THE SUN!. NO CHARGE FOR ADMISSION OR PARKING!

Performing on the scenic waters of the Rock River the Backwater Gamblers are a Nationally Recognized, Award-Winning Ski Team. If you've seen or heard of the Tommy Bartlett Water Ski Show at Wisconsin Dells, or the Cypress Gardens Water Ski Show at Winter Haven, Florida, the Backwater Gamblers are equivalent in talent and thrills! Bleacher seating will be provided, and ROTARY will have center seating right up front! There is NO COST for the show, or parking. Concessions will be available, and they do "pass the hat" for support. The fun in the late afternoon sun is outstanding! There is a mixture of thrills, beauty, comedy, costumes, and speed from high pyramid skiing to barefoot racers, and high in the sky ski jumpers! There is also on shore comedy skit entertainment that everyone will enjoy! Everyone loves the Backwater Gamblers! Multiple times National Ski Champions -- year after year in the National Finals! Rotary seating will be a large section, seats by "first come." **The show begins at 6:30pm.** Parking opens at 5:30.



The BACKWATER GAMBLERS perform on the Rock River at beautiful Ben Williamson Park in Rock Island, 5000 44th Street. Go south off John Deere Road on 44th Street and you will come directly into the parking area. The ski show grandstand seats over 1,300 on the sandy beach of the river.

This event is open to all club members, our families, and our friends. Invite anyone you think might enjoy the show and Rotary fellowship. Prospective members would be outstanding guests to invite! All we need from you is the number of seats you wish to have held for you and your guests. Sign up at the Sergeant's table or email Bob Swanson bobdebswanson@att.net. We have invited all area Rotary Clubs, so wear your Rock Island Rotary shirt, cap, or whatever you have and let's make a "SPLASH"!

MARK YOUR CALENDAR – MEMBERSHIP/MENTORING COMMITTEE MEETING

There will be an important meeting of the Membership/Mentoring Committee **Tuesday, May 16th** immediately after our regular Club meeting. Members Howard Beck, Marcy Bell, John Daly, Tom Hammar, Anne McGlynn, Gary Rowe, and Bob Swanson are urged to join Chair Mary Fislar for this meeting. There are several important items that need to be finalized.

BIRDIE IN CHIEF GIVES 56-SECOND REPORT

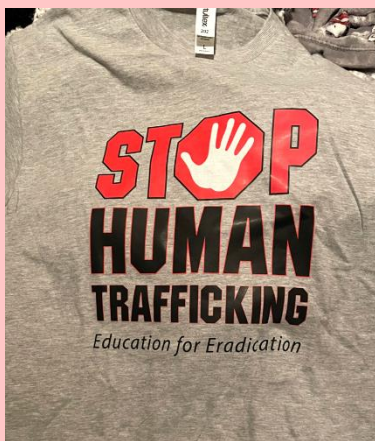


Kevin Reports we are off to a great start with 15 pledges for a total of \$2,200 pledged in the first week! Our Goal is 40 pledges for \$5,500 so we still have a good way to go! Keep in mind that every dollar pledged is sent back to Rock Island

Rotary along with a Deere Charities bonus of no less than 5% No matter the size of your pledge, it comes back to us plus more. All will go to our Club Foundation where the principal is never spent and the income funds our major service projects for the benefit of Rock Island and its citizens. Kevin was timed and did his report in less than one minute!



Lovely Julie and Cindi Model Shirts



Displaying talents we didn't realize they had, Julie Gelaude and Cindi Gramenz modeled the new Human Trafficking District Task Force tee shirt. In addition to the message on the front, there is a District Rotary Logo on the sleeve. Rotarians may purchase shirts for \$25 with proceeds going to the Anti-Trafficking task force, of which Kathy Trone is the chairman. Ironically Kathy was also at the meeting and introduced her models, but personally forgot to wear her Trafficking shirt! Maybe that should be a \$1 fine next week? At any rate it is a great cause, and we hope many members will support the effort and purchase a shirt. Kathy is taking orders. If you want a shirt email Kathy at kathy@wesselspc.com and be sure to include the size you want. Special deal, TWO for \$50! 😊. If you don't want to email, Kathy will also take orders at next week's meeting.

LITERACY UPDATE

We had the donation box out today and appreciate those that threw checks and cash in. Literacy Chair Sue Rector reported that she purchased several "Books By Me" and donated them to the Friendship Manor Library who has asked for help in beefing up their collection. Sue also urged members to continue in their support of our Nothing Reads Like a Book campaign to provide children's books for the new 30th Street Branch public library. If you would like to help either effort, Friendship Manor Library or the Children's Library at 30th Street Branch, please email or call Sue at srector@gmail.com or 563-343-7985. She will see that your donation is delivered to the proper place. If you prefer to donate books rather than cash, that's okay too! Books need to be new or very slightly used.

A ROTARY SERVICE OPPORTUNITY

From: **Chris VanSpeybroeck** The Children's Therapy Center

Dear potential volunteer,

After three years we are finally bringing our iCan Shine Bike Camp back again. In case you don't know what in the world I am talking about, the Children's Therapy Center held this camp for about five years in a row until we took a Covid induced break.

Here are the details:

The iCan Shine Bike Camp is a five-day long camp that teaches children with disabilities to ride a conventional two-wheel bicycle through a specialized program. I can attest to the fact that this camp really works. Every time we've held it, 70% or more of the kids who participated learned to ride.

Next, and equally important - **I need volunteers!** Each rider requires two volunteer 'spotters' who walk/light jog alongside the rider providing physical, emotional and motivational support to the rider. Volunteers have as much fun as the kids - maybe even more. It is best to volunteer for the same session every day but we are thankful for all the help we can recruit. The link to volunteer is the same as above (just click the volunteer link):

<https://icanshine.org/ican-bike-east-moline-il/>.

Thanks so much for spreading the word! The flyer is attached.

Chris Van Speybroeck
Vice President of Development



iCan BIKE CAMP

THIS CAMP IS FOR KIDS WITH
DISABILITIES (AGES 8 AND UP)
75 MINUTE SESSIONS
MONDAY - FRIDAY



Date
**JUNE 5-9
2023**

Fee
\$35

East Moline School District

3451 Morton Drive
East Moline, IL 61244

Registration Link

<https://icanshine.org/ican-bike-east-moline-il/>

More Information cvanspeybroeck@ctcqc.org | 309-798-4151

**The camp is June 5th – 9th
Sessions are 75 minutes long**

Rock Island Rotary Club

CHARITY SOLICITED FOR

937

BIRD NUMBER

I PLEDGE TO DONATE:

\$ _____ to the charity noted above.
(one time, flat donation amount)

BIRDIES FOR CHARITY BONUS FUND

☐ Yes, I would like to make an additional donation to the Birdies for Charity Bonus Fund in the amount of \$ _____, to help provide the minimum 5% match to all participating charities.

GUESS THE BIRDIES TO WIN A TWO YEAR LEASE ON A 2023 LEXUS!

I guess that _____ birdies will be made.
Only one grand prize will be awarded. Void where prohibited by law.

BIRDIES SCORED BY YEAR

2,040 (2014)	1,918 (2017)	N/A (2020)
1,990 (2015)	2,355 (2018)	1,905 (2021)
1,982 (2016)	2,091 (2019)	2,041 (2022)

PLEDGE & DONOR INFORMATION (please print)

NAME

ADDRESS

CITY, STATE, ZIP

PHONE AND/OR EMAIL

Please include payment & make checks payable to:
BIRDIES FOR CHARITY

Chip in for your chance to win

When you chip in to help area charities, you could win! But your favorite charity will be the real winner. That's because participating charities receive 100% of the donations pledged to them in this program, plus a bonus from the Birdies for Charity Bonus Fund, which is a guaranteed 5% match.

HERE'S HOW IT WORKS

Simply make a one-time flat donation and mail with payment to the Birdies for Charity office at
15623 Coaltown Road, East Moline, IL 61244

To enter the contest, guess the number of birdies that will actually be made by PGA TOUR Pros during the tournament, Wednesday through Sunday. A grand prize will be given to one person who guesses the correct number. In case of ties, winners will be randomly selected.



GRAND PRIZE:

2 YEAR LEASE ON A 2023 LEXUS NX!

One lucky supporter of the
John Deere Classic's Birdies



SMART LEXUS OF QUAD CITIES

for Charity program will win a 2 year lease on a 2023 Lexus NX, courtesy of Smart Lexus of Quad Cities.

CONTEST RULES

- Only 1 grand prize awarded. Ties determined by random drawing.
- All guesses must be on an official pledge card and received at the tournament office by June 16.
- Rules are available at www.birdiesforcharity.com
- No pledge or purchase required. Need not be present to win.
- Pledges submitted after the JDC (after July 9, 2023) may be applied the following year.

KEEP FOR YOUR RECORDS AS YOUR RECEIPT

I pledged \$ _____ one-time donation.

I guessed _____ birdies would be made.

Payment was included with pledge

☐ YES \$ _____ ☐ NO

☐ CASH ☐ CHECK NO. _____

Please make checks payable to:

BIRDIES FOR CHARITY
15623 COALTOWN ROAD
EAST MOLINE, IL 61244



Quad Cities Golf Classic Charitable Foundation is a 501(c)(3) not-for-profit organization, EIN #93-1332421, doing business as John Deere Classic & Birdies for Charity.



JOHN DEERE
CLASSIC

JULY 5-9, 2023