



SERVE TO CHANGE LIVES

Rock Island Rotary Weekly Review

May 24, 2022: Volume XXIX, Issue 46

MEETING TUESDAY NOON - QUAD CITY BOTANICAL CENTER



Dr. Julie Schroeder Life and Family Medical



Dr. Julie Schroeder, M.D. is Board Certified in Family Medicine. She was born in Minnesota but grew up in the suburbs of Salt Lake City, Utah. She returned to the Midwest for college and attended Valparaiso University in Indiana. It was there she made her Quad Cities connection when she met the love of her life. She and her husband Jay have been married over 25 years. Jay is a native of this area and grew up on his family's dairy farm - that is still active today - and has worked for CNH Industrial since college. Dr. Julie attended Loyola University Stritch School of Medicine in Chicago. After this, Jay and Dr. Julie moved to the Quad Cities, and she completed her residency in Family Medicine at the Genesis Family Medicine Residency program. She has practiced in this area for over 20 years with experience in outpatient family medicine clinics on both sides of the river. Jay and Dr. Julie are the proud parents of 3 children who have all attended Morning Star Academy in Bettendorf. Their daughter is attending Iowa State University and their twin sons are both seniors in high school. They are blessed to live close to both sets of grandparents and do a lot with their extended families. The family is actively involved with their church, Our Savior Lutheran, in Bettendorf. The Schroeders are avid travelers and love the chance to visit, explore, and serve in new countries. Dr. Julie has served on mission trips to the Dominican Republic, Costa Rica, and Peru. Dr. Julie feels that God truly put her in this place at this time to develop and grow Life & Family Medical. "It is a blessing to use the healing talents I have been given and develop new business skills in a setting where it is all about doing what is best for the patient while honoring my Christian values. I think I have been preparing my whole career for this opportunity." Life and Family Medical is a **Direct Primary Care** clinic. Direct Primary Care (DPC) is an innovative approach to healthcare. Life & Family Medical does not accept insurance so there are no middlemen and no administrators, it's only you and your doctor making decisions about your healthcare. Instead of the doctor working for the insurance company, the doctor works for you. Members pay a monthly membership fee which covers all office visits and provides access to their doctor via phone, email, text, and telemedicine, even after hours if needed.

Fees are \$30 for children to 18 years, \$50 for 18 to 26, \$80 for 27 to 45, \$95 for 46 to 60, and \$110 for over 60. If there are more than two children, after the first two the fee drops to \$20 for additional children. For the monthly fee you can call, email, or go see the doctor whenever needed. There are no co-pays. If lab work or prescriptions are required you can use insurance if you have it or do lab work through Dr. Julie for her cost at the lab of \$4 to \$6 depending on the purpose of the work. You can also order prescriptions through Dr. Julie and get them at her wholesale costs. Life & Family Medical is a non-profit entity so there is no additional charge added to the cost of lab or pharmacy costs. Direct Primary care is a relatively new system of providing care in the United States. Nationwide there are about 1,500 Direct Primary Care organizations. Dr. Julie is the first DPC in the Quad Cities, although two others are anticipated to open in the near future. Dr. Schroeder noted several advantages to this form of health care. 1) There is a set and budgetable cost for primary health care. 2) You have direct access to your doctor. You don't deal with insurance, or nurses, or aides, or receptionists. 3) You are one of 400-600 patients seen by the doctor rather than 1 of 2,500 seen in a typical medical practice. 4) Care is immediate and personalized. When you call or email, the Doctor answers and speaks with you. 5) Decisions regarding your care are made by you and your doctor with no interference or restrictions from insurance companies. Life & Family Medical also provides "scholarships" to provide care for those unable to pay the monthly fee. This is done using donations received from many sources including a Birdies for Charity campaign. Thank you Dr. Julie for an informative and very interesting look at new alternatives in meeting the high cost and sometimes lengthy delays in today's medical care system.

May - June Calendar

- May 31 - Megan Brown-Saldana
Lead(HER) - Exec. Director
- June 7 - TBA
- June 14 - RYLA Report - Students
who attended recount
their experience
- June 21 - TBA
- June 28 - President Peterson's Final
Address
- July 5 - President Gramenz
Induction and Address



P.O. Box 4514
Rock Island, IL 61204
www.rirotary.com

Officers

Justin Peterson, President
Cindi Gramenz, 1st Vice Pres.
Eric Westphall, 2nd Vice Pres.
Anne McGlynn, Secretary
Carrie Crossen, Treasurer
Angela Campbell, Past President

Board Members

Amber Brummit
John Daly
Rick DeVinney
Monta Ponsetto
Sue Rector
Gary Rowe
Molly Shattuck
Kathy Trone
Bob Swanson Co-Sgt.-at-Arms
Cindi Gramenz Co-Sgt.-at-Arms

Program Chairs

2021-22

Aug-Sept	– Gary Rowe
Oct - Nov	– Frank Lambert
Dec-Jan	– John Wetzel
Feb-Mar	– Kai Swanson/ Dave Hodge
Apr-May	– Kathy Trone/ Jeff Rose
Jun-Jul	– Tom Hammar

Club Notes & Announcements!

- ❑ **WELCOME GUESTS** – Today we welcomed three visiting Rotarians. Duncan Cameron from Naples, FL and Monica Kruse from the Bettendorf, IA Club joined us in person, and Mark Zimmerman from the Davenport Club joined via ZOOM. We love to have visitors and welcome all to Rock Island Rotary, the Number 1 Club!
- ❑ **BIRDIES FOR CHARITY – JUST TWO WEEKS LEFT!!** Don't forget to support our club's local Foundation by making donation to Birdies for Charity. Any amount you donate will be totally returned to us along with at least a 5% match from the John Deere Charitable Foundation. A \$10 donation earns our Foundation at least \$10.50, a \$100 donation will return a minimum of \$105. It is a great way to get started as a supporter of our Club Foundation which funds solely local community needs! We are at 24 pledges, with a goal of 35.
- ❑ **GREETERS NEEDED** – Please sign up at the Sergeant at Arms table. It's a great way for newer members to meet fellow Rotarians and for long time members to meet our newer members. Spots are open for May 31st and all of June and beyond. All you need to do is to arrive a bit early for the meeting. Bring a smile and handshake or fist bump. We want all who enter to feel welcome.
- ❑ **COMMITTEE ASSIGNMENTS FOR 2022-23 – TODAY WAS THE LAST CHANCE TO SIGN UP AT A MEETING.** Two weeks ago President-elect Cindi distributed committee preference forms for the coming Rotary year which begins July 1st. She asked every member to review the options and select at least one committee. She also "warned" that those that fail to let her know where they would be willing to serve, will be **assigned** to a committee. You might get put in an area that is not of great interest to you. If you want some input on where your energies can best be used you have one last chance. You can email your preferences to Cindi at cgramenz15@gmail.com. You need to do it today or tomorrow at the latests. Cindi leaves for the Rotary International Convention Thursday!
- ❑ **NEWSLETTER** – Send items for our newsletter to bobdebswanson@att.net. Committee chairs be sure to send notification of upcoming meetings.

FOUNDATION MINUTE

It's been another busy week for Rotary clubs all over the world. With the steady support of **TRF**, members have been responding to the plight of fellow human beings by doing good and making lives better for all concerned. During the month of May, many younger members of the Rotary, our organization's next generation of leaders, increase their involvement in their communities. They exhibit leadership in their roles in their high schools, colleges, as Youth Exchange Scholars and entrepreneurs in their communities. **TRF** encourages youth focused clubs through matching funds which are added to proceeds from the fund-raising efforts by members of Rotaract and the Interact clubs all over the globe.

Quick Facts: Rotaract

- A Rotaract club is a student organization that began originally as a Rotary International Youth Program
- The first Rotaract Club was officially chartered on March 13, 1968, at the U of NC in Charlotte
- Motto: Self Development-Fellowship through Service
- About 200,000 members in 189 countries
- Almost 11,000 Clubs

Effective July 1, 2022, Rotaract clubs can be either partners or hosts of a Global Grant if they have previously partnered with a Rotary Club on a Global Grant.

FINES – HAPPY/SAD DOLLARS

Eric made it very short and direct today. Holly Sparkman and Jim Moran each paid a \$1 fine for needing to leave early today. Then in lieu of other fines and happy/sad dollars, Eric called on all members to donate a Sad Dollar in respect for the death and injuries caused at 2am Sunday morning when a driver drove across the new I-74 Bridge in the pedestrian lane striking three young men. One was killed and the other two are hospitalized with serious injuries. The driver drove away and was subsequently apprehended and arrested at her home. According to today's newspaper she faces 10 separate charges for her behavior. We hope and pray for recovery of the injured and send our profound sympathy to the family of the deceased.

FOUNDATION RAFFLE

Today's raffle featured a 50-50 Cash drawing, a bottle of fine wine, and a beautiful fabric bowl made by past-president Angela Campbell. The first ticket drawn was held by Jim Moran who took the case and donated it to the Rotary International Foundation. The second lucky ticket was held by Pete Wessels who took the bowl. The final ticket drawn was held by "lucky" Sue Rector who won the wine and then sold it to Bob Swanson for a \$5 Foundation donation. Proceeds from our raffle go to the Rotary International Foundation and support the great philanthropic work done throughout the world. Thanks to all who participated!



ROCK ISLAND ROTARY TRIVIA NIGHT SAVE THE DATE – NOVEMBER 11th ROCK ISLAND HOLIDAY INN

STILL TIME TO JOIN JOHN PHILLIPS' 2022 BASEBALL CHALLENGE!

John bet all Rotarians that the **White Sox** would have a better record at the end of the regular season than any other Rotarian's favorite team. He backed up his bet with \$100 payable to our Club Foundation and invited any and all members to bet on their favorite team at whatever amount they wished, \$25, \$50, \$100, or more. Rotarians that bet and lose won't pay John, rather they will have their choice of paying either our Club's Foundation or the Rotary International Foundation.

SO FAR ... The following members have taken up John's Challenge!

Steve Morenz and Bill Stengel - **White Sox** John Oliger - **KC Royals**

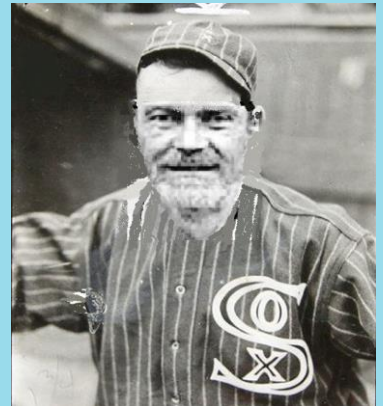
Duncan Cameron – **Brewers** Ruth Lee and Howard Beck – **Twins**

Doug Hultquist – **Yankees** Sue Rector – **Guardians**

Frank Lambert – **Cardinals** Tracy Pugh – **Braves**

Bud Phillis, Bob Swanson, John Wetzel, Tom Hammar and Gary Rowe - **Cubs**

John Wetzel also bet on the **Red Sox**.



John has been a Sox fan for a long time!

To join the fun. Email John or Bob. This is war with braggin' rights at stake! Phillipsjohn99@gmail.com or bobdebswanson@att.net

GREAT NEWS FROM JORDAN ELEMENTARY SCHOOL

After going dormant during the pandemic years, our Jordan EARLYACT Club is again coming to life! Teacher Jennifer Heckenkamp was a great EarlyAct sponsor, but left Jordan and the Club pretty much died. She has now returned to Jordan as a non-teaching administrator and has received permission to again be Interact sponsor. She has also lined up another teacher to help. Bud Phillis and Jim Moran have volunteered to be our liaisons with the club. Look for exciting news in the future from Jordan EarlyAct

WINE RAFFLE DRAWING – WINNERS DRAWN!



TODAY OUR 10 LUCKY 2022 WINNERS WERE DRAWN!

1st Prize - \$500 Grape Life Shopping - SUE RECTOR

2nd Prize - \$300 Grape Life Shopping Spree – CHRIS AGEE

3rd Prize - \$200 Grape Life Shopping Spree – TAMMY WEIKERT

4th – 10th Prizes – AMY CRIST

– GARY ROWE

– CINDY HENDRICKSON

– MARK SCHWIEBERT

– MARY OSBORNE

– TIM NEWBERT

– KEITH & JANE GETZ

CONGRATULATIONS TO OUR WINNERS

THANKS TO EVERYONE WHO PARTICIPATED IN THE RAFFLE!

GETTING DOWN TO THE NITTY GRITTY!

**With Just a Few Weeks Left Kevin is Going “All Out”
To Make our Goals!**



**Whatever it takes to get to our goal
of 35 pledges and a total \$5,000
pledged, head Birdie Kevin will do.
Even putting on the Chicken Suit!**

**We need to help him out!
(He definitely needs help)
We don't want to lay an egg!**

**Get your pledge in
NOW.**

No Amount is too Small!

Birdies for Charity

If you donate using the Rock Island Rotary Code "937" your entire donation PLUS a Deere Foundation 5% or more match, will go to our **Rock Island Rotary Club Foundation**

ROCK ISLAND ROTARY

CHARITY SOLICITED FOR

937

BIRD NUMBER

I pledge and promise to donate:

☐ \$_____ one-time flat donation.

Please attach payment. **Make checks payable to Quad Cities Golf Classic Charitable Foundation.**

☐ \$_____

extra donation to the Birdies for Charity Bonus Fund

Donations to the BFC Bonus Fund (#104) help provide the minimum of 5% match for all participating charities.

GUESS THE BIRDIES & WIN A TWO YEAR LEASE ON A 2022 LEXUS RX350!

I guess that _____ birdies will be made.

Only 1 grand prize will be awarded. Void where prohibited by law.

BIRDIES SCORED (YEAR)

2,142 (2013)	1,982 (2016)	2,091 (2019)
2,040 (2014)	1,918 (2017)	N/A (2020)
1,990 (2015)	2,355 (2018)	1,905 (2021)

PLEDGE INFORMATION (Please print)

NAME _____

ADDRESS _____

CITY / STATE _____

ZIP _____

PHONE OR EMAIL _____

OFFICIAL PLEDGE FORM

Chip in for your chance to win

When you chip in to help area charities, you could win! But your favorite charity will be the *real* winner. That's because participating charities receive **100% of the donations** pledged to them in this program, plus a bonus from the Birdies for Charity Bonus Fund which is a **guaranteed 5% match**.

HERE'S HOW IT WORKS

Simply make a one-time flat donation and mail with payment to the Birdies for Charity office at 15623 Coaltown Rd., East Moline, IL 61244.

To enter the contest, guess the number of birdies that will actually be made by PGA Tour Pros during the tournament, Wednesday through Sunday. A grand prize will be given to one person who guesses the correct number. In case of ties, winners will be randomly selected.

KEEP FOR YOUR RECORDS AS YOUR RECEIPT

I pledge \$_____ one-time donation

I guessed _____ birdies would be made

Payment was included with pledge

☐ YES \$_____ ☐ NO

☐ CASH ☐ CHECK NO. _____

Please make checks payable to

QUAD CITIES GOLF CLASSIC CHARITABLE FOUNDATION



GRAND PRIZE:

2 YEAR LEASE ON A 2022 LEXUS RX350



One lucky supporter of the John Deere Classic's Birdies for Charity program will win a 2 year lease on a 2022 Lexus RX350, courtesy of Smart Lexus of the Quad Cities. Other prizes awarded by random drawing.

CONTEST RULES

- Only 1 grand prize awarded. Ties and other prizes determined by random drawing.
- All guesses must be on an official pledge card and received at the tournament office by **June 10, 2022**.
- Rules are available at www.birdiesforcharity.com.
- No pledge or purchase required. Need not be present to win.
- Pledges submitted after the JDC may be applied the following year.

NEW CLUB ROSTER/DIRECTORY BEING PREPARED



All members received an email today requesting you to review the information we have for you prior to our submitting it to the printer for the new Club Directory. We sent you what we have along with the picture we have on file for you. If information is missing or incorrect, please by return email give us the needed correction. If you are not happy with your photo, you may email a new photo of your choice. Please make sure everything is accurate. If you have not yet replied, please do so soon! Just send a return email stating everything is "OKAY" or send corrections! Thanks for your help!