



# Rock Island Rotary Weekly Review

June 8, 2021: Volume XXVIII, Issue 48

MEETING EVERY TUESDAY NOON - QUAD CITY BOTANICAL CENTER



## "A Mother's Memories" Diane Koster



Lindsay Marie Thul was diagnosed with Inflammatory Breast Cancer at the young age of 28. She died just 10 short months later. Lindsay documented her cancer journey through a series of Go Fund Me posts, keeping friends and family members informed and educated along the way. Her mother, Diane Koster has taken those posts and added her perspective surrounding each step, as a mom and primary caregiver and put together a book entitled, "Lindsay's Legacy - A Mother's Memories" published in March of 2020 with co-authors listed as Diane Koster and Lindsay Thul. Diane was a member and past president of Rock Island Rotary (2008-09). Today she returned to speak with us about Lindsay, and her legacy as preserved in the book, and more importantly to educate and advocate for inflammatory breast cancer research. Diane is a wife, mother, grandmother, small business owner, women's health grant specialist, and certified Health Coach. She and husband Kevin live in Davenport and own The Grape Life Wine Store & Lounge. Kevin runs the business and Diane is the Women's Health Grant Program Specialist for Genesis Health Care. In addition, Diane endeavors each day to honor the life and memory of her daughter, Lindsay, and will educate anyone who will listen about Inflammatory Breast Cancer (IBC) as Lindsay would have wanted. While Diane spoke, at time struggling with emotion, a slide show was shown next to her showing Lindsay as a healthy, beautiful young lady, athletic and active in every way, and showed the toll the disease took on her during her all too brief battle. Diane stated that inflammatory breast cancer is the most rare and deadliest form of breast cancer. Only 1% to 3% of all breast cancer cases are IBC. She noted that it is often misdiagnosed because it lacks the normal indicators medical professional look for in breast cancer diagnosis. There are no hormonal indicators that exist with other forms of breast cancer. It also does not appear or form a "lump" which is an indicator that can be discovered by a mammogram. IBC is currently discoverable only by an MRI or biopsy. Those diagnostic techniques are often not prescribed until the disease has progressed to a dangerously deadly level. "This is why research is desperately needed", Koster said. The hope is that some indicator or effective can be found to provide an accurate, early diagnosis. Diane described Lindsay's symptoms as redness, inflammation, swelling, and soreness in the breast. It was first diagnosed as some type of insect bite. She was treated with two courses of antibiotics, which were of no effect. Then she had a biopsy and was diagnosed with IBC. Diane and Kevin along with close friends formed the Lindsay Legacy Fund at Genesis and also founded an annual fundraising golf outing. The 5<sup>th</sup> annual IBC Outing will be held on September 24<sup>th</sup> and is already sold out, as were each of the previous four outings. To date \$50,000 has been raised and donated for IBC Research. In Diane's position as Women's Health Grant Program Specialist for Genesis she is able to assist others in obtaining financial help to quickly get patients the care they need. Funds donated to the Lindsay Legacy Fund are available for women needing diagnosis of possible IBC and for helping with expenses incurred because of the disease, including medical expenses and personal expenses incurred because of lost work or disability. When asked where the best experts on the rare disease are found, Diane stated that the Dana-Farber Cancer Institute in Boston, Massachusetts, and the M.D. Anderson Cancer Clinic in Houston specialize in the diagnosis and treatment of IBC. The Mayo Clinic in Rochester Minnesota has a department that has expertise and provides care for IBC patients. Diane's book incorporates her thought as a mom and caregiver with Lindsay's daily blog entries and thoughts as she fought her battle with the deadly disease. All proceeds from the sale of the book are donated to the Inflammatory Breast Cancer Research Foundation. "Lindsay's Legacy: A Mother's Memories" is available on Amazon for \$15.99. For those with Amazon Prime, shipping is free. Thank you, Diane for your moving and emotional presentation. It was highly informative and alarming. Finally, our deepest sympathy for your loss and congratulations on making sure Lindsay's Legacy is carried forward. Your work is undoubtedly saving lives and helping families all over the country.

## June - July Calendar

- June 15- Jan Masamoto - Experiences in a World War II Japanese internment camp
- June 22- Liz Nino - Recruiting foreign students for Augustana
- June 29- President Angela Campbell's Wrap for the 2020-21 Rotary year.
- July 6 - President Justin Peterson's Induction and inaugural Address.
- July 13 - TBA
- July 20 - Norm Moline retired Augie professor talks about China
- July 27 - TBA



Rock Island, IL 61204  
[www.rirotary.com](http://www.rirotary.com)

## Officers

Angela Campbell President  
Justin Peterson, 1st Vice Pres.  
Cindi Gramenz, 2nd Vice Pres.  
Anne McGlynn, Secretary  
Carrie Crossen, Treasurer  
Mark Mayeski, Past President

## Board Members

Howard Beck  
Kim Calhoun  
Molly Shattuck  
Eric Westphall  
John Daly  
Chris Lemon  
Sue Rector  
Gary Rowe  
Bob Swanson Co-Sgt.-at-Arms  
Cindi Gramenz Co-Sgt.-at-Arms

## Program Chairs 2019-20

Aug – Sept Rebecca Arnold  
Oct – Nov John Daly  
Dec – Jan John Wetzel  
Feb – Mar Gary Rowe  
Apr – May Bill Stengel  
June - July Tom Hammar  
Have a program idea? Contact  
the chairman listed above for a  
possible date.

# Club Notes & Announcements!

- ☐ **WELCOME GUESTS** – Today we had four visiting Rotarians, Duncan Cameron from the Naples, FL Club, Mark Zimmerman from the Davenport Club. Deni McCarter from the Moline Club, and Deanna Jensen-Valliere from the North Scott, IA Club. Other guests included Dick Fislar a guest of wife Mary Fislar, and friends of our speaker, former Club President, Mary Lagerblade (2001-02), and Jan Garmong. Guests are always welcome at the “Number One Club”.
- ☐ **HELP NEEDED – AT HEART OF HOPE FOOD PANTRY** Volunteers are needed from 3:30pm to 5:30pm every Thursday to help make up food packages and assist in handing them to needy recipients. It is strictly as drive thru, no contact distribution. Heart of Hope also needs old grocery sacks. They also have a clothing ministry and need donations of clothes. Older or slightly used men’s, women’s, and children’s clothing will be appreciated. This time of year, coats, gloves, and caps, as well as warm pants and shirts/blouses are greatly appreciated. Project chair Steve Morenz will arrange to collect sacks and clothing. Email Steve at [smorenz3@gmail.com](mailto:smorenz3@gmail.com).
- ☐ **BIRDIES UPDATE** – Kevin Koski reports that our Birdies for Charity drive has reached 31 donors toward our goal of 35. We are over our dollar goal, but lag behind our participation goal. We have just one week to reach our goal of 35 donors. Any amount pledged is welcome. Use the form on page 5 and send in your pledge today! Don’t make Kevin bar the doors (He has done it in the past!)
- ☐ **WINE AUCTION COMMITTEE WILL MEET TOMORROW** via ZOOM at 5pm. This is a new fundraiser featuring an online Auction of over \$6,000 of fine wine. The auction will be held starting in mid August and be open for bids for about 2 weeks. If you would be interested in helping with this, you are welcome to join the meeting tomorrow. The ZOOM link is Join Zoom Meeting <https://us02web.zoom.us/j/81849049560?pwd=TVAwThGRGppeTk1WW9QOQnI1Z0J0UT09>. Meeting ID: 818 4904 9560, Passcode: 361187. If you want to join by telephone without video, dial +1 312 626 6799. Meeting ID: 818 4904 9560
- ☐ **HAVE ITEMS FOR OUR NEWSLETTER?** Email items, including photos to Bob Swanson at [bobdebswanson@att.net](mailto:bobdebswanson@att.net).



## FOUNDATION RAFFLE

Today’s Foundation raffle raised \$50 split between our winner and the Rotary Foundation. The first luck name drawn was Jeff Dismar who took the money and then donated it back to the Foundation. The second number drawn was for a bottle of provided by Pete Wessels. The winner was Holly Sparkman whose eyes sparkled at the sight of her prize, a beautiful bottle of Cabernet Sauvignon wine! Thanks to all who participated! Thanks to all who participated. Proceeds go to the Rotary International Foundation fund and are used to continue Rotary’s humanitarian and disease eradicating work throughout the world.

# 2021-22 COMMITTEES

All members recently received an email asking you to indicate 2 or more Club Committees you would be willing to join for the coming year. None of our committees require many meetings or a great deal of time. But all are critical to the wellbeing of our club. Because of printing deadlines for our new Club Directory, we must have your response returned to Justin Peterson at [jpeterson@tbkbank.com](mailto:jpeterson@tbkbank.com) in the **next 2 days**. If you haven’t returned yours, please do it today! A copy of the preference sheet is included at page 6 and 7 of this newsletter.

## ROTARIANS INVITED TO COMMUNITY EVENT

Fellow Rotarian Ametra Carrol invites us all to join her in the National Night Out Against Crime, at Longview Park's upper pavilion, Tuesday, August 3rd. The event will begin at 5:30 p.m. and lasts until 8:00 p.m.

The Community Caring Conference (CCC) is sponsoring this local celebration of the nationwide Night Out event, which recognizes the effectiveness of neighborhood and law enforcement cooperation in reducing and preventing crime. It is one of hundreds of similar activities under the coordination of the National Association of Town Watch.

There will be free refreshments. Activities include K-9 Unit demonstrations by the Rock Island Police Department, as well as presentations by the Rock Island County Sheriff's Department and Rock Island Fire Department.

Games and fun activities for the kids!

This family event is aimed at encouraging residents to be visible and active in their neighborhoods, and to communicate effectively with law enforcement to fight crime. The Community Caring Conference has organized block clubs across the city for 40+ years. The CCC is inviting active neighbors, those whose block clubs may need to be reactivated, and anyone interested in becoming active with their neighbors.

For more information, please contact Ametra at CCC 309-373-1202 or rockislandccc@gmail.com. Thank You, Ametra Carrol-Castaneda, CCC Organizer



## FOUNDATION MINUTE

**Welcome to Week 2 of Rotary International's Month of Fellowship.**

This news from the Chair of the Rotary Foundation Trustees, R. K. Ravindran. Because the high demand for global grants is far exceeding and outpacing the growth in Annual Fund contributions, the World Fund is depleted well before each Rotary year ends and we find ourselves in a position where we cannot fund all the global grant requests we receive. This Rotary year, we've taken several cost-saving measures in an effort to fund more global grants. For example, the Trustees and the Board recently transferred \$15 million from the Foundation's operating reserves and Rotary International's budget surplus to the World Fund. In total, nearly an additional \$20 million is being made available this year, but unfortunately, even that is not enough to fulfill the applications that are expected to be submitted.

The content of The Rotary Foundation Chair's message, emphasizes the need for every Rotarian to commit to supporting TRF, is explained by the actions of both the Trustees of The Rotary Foundation and the Board of Directors of Rotary International. The work, the projects, the Global and district Grants that we request, and use are making a difference. We can make even a greater difference if we are able to fund more grants. Give to The Rotary Foundation. It's Our Foundation!

Put our dollars to work today and tomorrow.

### REMINDER:

REGISTER TODAY FOR THE 2021 Taipei Virtual Rotary International Convention

June 12 - 16,

2021 <https://convention.rotary.org/en/taipei> (Copy the above link into your browser to get to the Registration site. ***It's that easy to register!***)



## New Member Applicant

Jeremy Richard has applied for Club membership. He is sponsored by Howard Beck. Jeremy is the new owner of Ben Farrar & Company Insurance in Rock Island. Jeremy and his wife Nicole reside in Bettendorf. His interests outside of business and Rotary are boating, history, and the outdoors. Please direct comments to President Angela Campbell or Vice-president Justin Peterson. Jeremy was a guest at last week's meeting and had the opportunity to meet several of our members.



## ROCK ISLAND ROTARY CLUB



# Chip in for your charity

OFFICIAL PLEDGE CARD **2021**



DUOTED FOR  
**937**

BIRD NUMBER

**I pledge and promise to donate:**

☐ \$\_\_\_\_\_ one-time flat donation.

Please attach payment. Checks payable to  
Quad Cities Golf Classic Charitable Foundation.

☐ \$\_\_\_\_\_

**extra donation to the Birdies for Charity Bonus Fund**

*Donations to the BFC Bonus Fund (#304) help provide the 5% match  
for all participating charities.*

### GUESS THE BIRDIES & WIN A TWO YEAR LEASE ON A 2021 LEXUS NX!

I guess that \_\_\_\_\_ birdies will be made.

Only 1 grand prize will be awarded. Void where  
prohibited by law.

### BIRDIES SCORED (YEAR)

2,160 (2011)	2,040 (2014)	1,918 (2017)
2,113 (2012)	1,990 (2015)	2,355 (2018)
2,142 (2013)	1,982 (2016)	2,091 (2019)

### PLEDGE INFORMATION (Please print)

NAME

ADDRESS

CITY

STATE

ZIP

PHONE OR EMAIL

Use this form to make your 2021 Birdies Pledge Today! Every cent pledged comes back to Rock Island ROTARY, Plus the Golf Foundation kicks in an additional donation for us! Funds are dedicated to our Rock Island Rotary Club Foundation. You can turn in your pledge to Kevin or to the Sergeant at Arms Table at any Rotary Meeting, or if you prefer you can mail your pledge to Kevin Koski, 1309 – 38th Avenue Court, Rock Island, IL 61201.

# ROTARY BASEBALL CHALLENGE

Diehard White Sox fan John Phillips has thrown down the gauntlet! He has heard enough from the Cardinals, Cubs, and fans of other major league teams! John says it's time to "Put up or Shut up!"

So, here is his challenge: "We have many baseball fans in our club who are loyal to their teams. Cubs, Cardinals and White Sox dominate but there are other teams as well. These teams are doing well this year and have post season aspirations. As a Sox fan, I am willing to bet that the win/loss record for the White Sox will be better than the other teams at the end of the regular season. If they do not have the best record, I will donate \$100 to the Rock Island Rotary Foundation. I challenge the other fans of their favorite teams to do the same. If their team does not have a better record than the other teams in the challenge, they agree to donate \$100, \$50 or \$25 to the Rock Island Rotary Foundation or the Rotary International Foundation (their choice)."

To begin this Challenge, we need to know the Rotarian, your team, and the amount you agree to pledge if your team does not have a better final record than other teams in the challenge. Rotarians can let John or Bob Swanson know if they want to participate. So, who is willing to face the Challenge and add your name?



John Phillips



Frank Lambert



Anne McGlynn  
Bob Swanson



Duncan Cameron



**YOUR TEAM**



## KOSKI HAS FANTASTIC BIRDIES UP-DATE

With just one week to go in our 2021 Birdies Campaign, our resident head birdie, Kevin Koski, reports that we have 31 pledges toward our goal of 35, but the great news is the generosity of our donors. We set a goal of \$4,800.00 in total pledges and as of today we have received \$6,218.00! Let's make the last week a record setter and go over our number of pledges goal and take the money total to \$6,500 and beyond!



## Rotary Committee Preferences -- **LAST CHANCE BEFORE ASSIGNMENTS ARE MADE!**

Want to avoid being assigned to the "clean the stables committee"? Then, please choose **Two or More** committees that you would like to participate in during the upcoming 2021 - 2022 Rotary Year. Please check the box of committees of interest to you. In some cases, a chair has already volunteered and is listed. If not and you would be willing to chair, please write "I will chair". If there is a box next to a committee name, we need members! Be sure to put your name on the form and return it to Justin Peterson, [JPeterson@tbkbank.com](mailto:JPeterson@tbkbank.com). We must have these back within 10 days to get the rosters in the Club Directory. Those who do not respond will be assigned where needed. We would prefer to have you serve on a committee of your choice. Thank you for your service in the Rotary Club of Rock Island. RETURN ASAP!

Your Name: \_\_\_\_\_

### **CLUB LOGISTICS COMMITTEES**

#### **Program Committee:**

(Need one person for each slot)

August-September ☐

October November – Frank Lambert

December-January – John Wetzel

February-March – Kai Swanson

April-May ☐

June-July – Tom Hammar

#### **Membership Committee:**

Chair – Cindi Gramenz

Recruiting

Retention

Orientation

Mentoring

#### **Invocations Committee:**

(Need one person each month)

July ☐

August ☐

September ☐

October ☐

November ☐

December ☐

January ☐

February ☐

March ☐

April ☐

May ☐

June ☐

#### **Nominating Committee:**

Chair – Frank Lambert ☐

#### **Awards Luncheon:**

Chair, Chris Lemon ☐

#### **Public Image Committee:**

Chair – Bob Swanson ☐

Newsletter:

Website:

Press Releases:

Social Media:

#### **Club Fellowship:**

Night at the Ball Park – John Oliger, Chair ☐

Holiday Party – Bob Swanson, Chair ☐

New Social Activities ☐

#### **Sergeant at Arms Aides**

### **CLUB SERVICE COMMITTEES**

#### **Rotary International Foundation:**

Chair – Bud Phillis ☐

#### **RI Rotary Club Foundation:**

Development Chair, John Phillips ☐

Grant/Project Chair, Bill Stengel

#### **Budget Priorities:**

Chair - Frank Lambert ☐

#### **Salvation Army Bell Ringing:**

Chair – Mark Mayeski ☐

#### **Bert Blood Scholarships:**

Chair – John Wetzel ☐

**Youth Exchange:** ☐  
Chair, Jeff Dismer

**Literacy/Little Libraries Committee:** ☐  
Chair, Sue Rector

**RIHS Entrepreneurship/  
Enterprise Class:** ☐  
Chair, John Daly

**Pumpkin Patch:** ☐  
Chair, Sue Rector

**Earl Hanson & Birthday Books** ☐  
Chair, Molly Shattuck

**Heart of Hope Committee** ☐  
Chair, Steve Morenz

**Global Project:** ☐  
Chair, Bob Swanson

**Rotaract:** ☐  
Augustana College  
Black Hawk College

**Interact/RYLA:** ☐  
Rock Island High School

**Earlyact:** ☐  
Chair, Bud Phillis  
Jordan Elementary School

**Blood Drive:** ☐  
Chair, Chris Lemon

## **FUNDRAISING COMMITTEES**

**Dining Books:** ☐  
Chair, Bud Phillis

**Birdies for Charity:** ☐  
Chair, Kevin Koski

**Trivia Night:** ☐  
Chair, Kathy Trone

**Wine Raffle:** ☐  
Chair, Ruth Lee

**Rotary Ramble:** ☐  
Co-Chair, Bruce Peterson  
Co-Chair, Kathy Lelonek  
Advisors – Dick & Mary Fislar