



BE THE INSPIRATION

Rock Island Rotary Weekly Review

October 16, 2018: Volume XXVI, Issue 16

MEETING EVERY TUESDAY NOON - QUAD CITY BOTANICAL CENTER



RiFFLE

Donna Honold is owner of Riffle Inc, Davenport, IA (formerly Honold & Associates). Genos was formed in August 2002 by Swinburne University to bring to the market the first Australian model and measure of emotional intelligence developed

by Dr Ben Palmer and Professor Con Stough. Since this time, Genos has grown into an integrated product and service firm now operating in Australia and the UK, with an extensive partner network offering Genos assessments and programs across North America, South America, Europe, India, China, South Africa, South East Asia and New Zealand. Donna Honold of Riffle Training is the first Genos Certified Emotional Intelligence Practitioner in the state of Iowa. This Certification makes Donna eligible to facilitate Genos EI throughout the United States. People who have been through the Genos EI assessments and programs feel better at work, facilitate more productive work environments, and better lead and engage others. Donna leads training in the areas of Leadership, Team Building, Communication, Leadership, Change Management, Emotional Intelligence, Supervisory Skills and Coaching to either Executive or small group, as well as Career Development Coaching. With 20 plus years of training and education experience, Donna has a Master of Arts Degree in Adult Education from the University of South Dakota. Dr. Ben Palmer defines Emotional Intelligence as, "Emotional Intelligence is about making intelligent responses to negative feelings, and using specific skills to generate positive emotions in self and others through being present, empathetic, genuine, resilient and empowering in our behavior as often as possible." In a nutshell, Emotional Intelligence (EI) is about managing our emotions. EI is a set of skills that help us better perceive, understand and manage emotions in ourselves and in others. These behavioral skills help us make intelligent responses to, and use of emotions. Honold believes these EI skills are as important as your intellect (IQ) in determining success in work and life. Everyone has interactions with other people. Your ability to understand your emotions, to be aware of them, and how they impact the way you behave and relate to others will improve your "people" skills and help you ultimately be more satisfied and successful as a manager, supervisor, and leader. Genos International helps professionals apply core emotional intelligence skills that enhance their self-awareness, empathy, leadership and resilience. In our world of 'do more with less', applying emotional intelligence at work is fundamental to success. In the most simple terms, Emotional Intelligence refers to our ability to manage our emotions. Mrs. Honold led club members through a relatively simple exercise asking each to recall and picture the best boss or person ever worked with, and conversely, the worst boss or person ever worked with. Then through a series of six questions she was able to point out that those in the "best" group typically managed to control their emotions and no matter what their personal feelings, were able to display positive emotions that made those around them comfortable, at ease, and willing to work hard for their boss. Those in the "worst" group were found to be poor managers of emotions, often seemed touchy or angry, and made working around them tense and uncomfortable. Honold noted that similar exercises can be used to evaluate prospective and current employees, and for self evaluation. A very interesting and enlightening program. Thanks Mike Locander for bringing it to us!

October - December Calendar

- Oct 23 - Alternate Fuels Forum - Progressive Action for the Common Good
- Oct 24 - World Polio Day - 7:00pm Establishment Theater Fundraiser
- Oct 30 - Caitlin Russell - Russell Construction
- Nov 6 - James Jones - Economic Growth Corporation - Home buying Resources
- Nov 9 - Rotary Trivia Night
- Nov 13 - Dr. Jennifer Palar - Business Education at Augustana
- Nov 20 - Mike Locander - "Go with the Flow"
- Nov 27 - Rock Island High School Orchestra - Katie Benson
- Dec 1 - Bell Ringing - HyVee
- Dec 4 - Rock Island High School Chamber Choir
- Dec 5 - Rotary/Kiwanis Holiday Party at Circa 21



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Officers

Sue Cassatt, President
 Mark Mayeski, 1st VP
 Angela Campbell, 2nd VP
 Anne McGlynn, Secretary
 Carrie Crossen, Treasurer
 Bruce Peterson, Past Pres.
 Co-Sergeant at Arms
 Bob Swanson & Vic Boblett

Board Members

Rick Emery
 Sarah Gorham
 Kathy Lelonek
 John Olinger
 Justin Peterson
 Molly Shattuck
 Bill Stengel
 Tammy Weikert

Program Chairs 2018-19

Aug – Sept: Stan Coin
 Oct – Nov: Mike Locander
 Dec – Jan: John Wetzel
 Feb – Mar: TBA
 Apr – May: Gary Rowe
 June – July: TBA

Club Notes & Announcements!

- **WELCOME GUESTS!** Rock Island Rotary was pleased to welcome a number of guests to today’s meeting. Our exchange daughter, Rocio Robolledo Hernandez (Sheño), was present. Mary Krippner and Mary Locander were guests of Mike Locander. Alleman Jr. Rotarians, Faith Picksly and Haley Mosley joined us. Denise McAuley was a guest of the Club, representing the Twin Rivers YMCA. Kimberly Calhoun from Circa 21 was a guest of Mary Fislar. Rotary enjoys welcoming guests to our meetings. Have you invited a prospective member to be your guest?
- **PLEASE SIGN-UP NOW FOR OUR HOLIDAY PARTY** – To ensure we block the right number of seats, please sign-up now for our December 5th Circa 21 holiday party to see “Annie”. No money is needed to sign up. Just let Bob Swanson know that you are going to go and how many seats you need. We are still taking reservations. See Bob at the Sergeant’s Table to sign up. No money needed until November.
- **SERVICE OPPORTUNITY** – Help is still needed with the Heart of Hope Food Pantry. We help every Thursdays from 5:30 to 7:30pm. It’s easy duty and is truly Service Above Self at its most basic definition. Volunteers have been scarce lately, so please contact Al Metz to join our team of volunteers! Used but sound plastic bags are needed too. Call Al Metz to help at 309-236-2013.
- **ESTABLISHMENT THEATER** – October 24 Fundraiser for Polio Plus. Tickets just \$15. *Men in Ties* comedy show and celebration for Polio Day! We want to pack the house. Call the Theater to get your tickets!
- **Have Items for our Newsletter?** Email to bobdebswanson@att.net. If you attend a Rotary event and take pictures, please also email or text them to Bob. The newsletter is much better with lots of photos!

INITIAL SUPPLY SOLD OUT!

15 ADDITIONAL QUAD CITY DINING BOOKS OBTAINED



Bud Phillis ordered 15 more Quad City Dining Books for those needing coupons for our Circa 21 Holiday Party. Nine are already gone! IF YOU NEED ONE, GET IT NOW. Cost is \$35 per book. With over 150 restaurants represented you’re sure to find your favorites along with new places to try. If you only use the Circa 21 coupon the savings more than pays for the book! For every book sold our Club receives \$10. Dining Books also make excellent gifts for friends and family member. Everyone enjoys eating out so why not save half price each time you go and fundraise for Rock Island Rotary at the same time!

FOUNDATION RAFFLE REPORT



Today’s raffle featured fine wine from the Lo Milani Collection, and a 50/50 cash drawing. The first lucky ticket was held by Ruth Lee, who took the cash and donated her winnings to the Rock Island Rotary Club Foundation.. The second lucky ticket was held by Bill Stengel who happily took Lo Milani’s best Cabernet Sauvignon.

Keep in mind, all raffle proceeds go to support the International Rotary Foundation.
 Thank you to all who participated!

Foundation Minute

In 2017, the majority of The Rotary Foundation's global grants were awarded to clubs and districts outside the United States; however, many of our US districts have recognized immediate needs within our own country. Working within the grant process:

1. A health service center was created in Salinas, California to assist homeless residents in their community and helped them obtain references to healthcare professionals.
2. In Greensboro Alabama, Rotary provided financial literacy and small business development trainings for at risk youth.
3. Rotary provided a social and job skill training program targeting unemployed and underemployed residents of West Coconut Grove, a Bahamian founded community in Miami, Florida.
4. It equipped a mobile vision unit to serve patients in a region of rural Appalachia.
5. And in Up State New York, it developed a grant to address the severe epidemic of opioid/heroin abuse.

Your generous contributions to The Rotary Foundation enabled this to happen!



SAVE THE DATE

We will have our holiday Club bell ringing (for the Salvation Army) on Saturday, **December 1st from 9am to 3pm at the Rock Island HyVee**. Mark Mayeski will once again chair the project. We will start asking for volunteers in November. Rock Island Rotary has been a long-time volunteer for holiday season bell ringing. The bell ringing season starts each November and runs through Christmas Eve, when the red kettles are packed away for the season. Volunteers are the difference between an empty kettle and one that raises about \$60 per hour – enough to provide two families with two bags of groceries; or shelter two individuals for a night. All money dropped in the red kettle stays in our local community!

SAVE THE DATE

ROTARY/KIWANIS HOLIDAY PARTY



Wednesday, December 5th

RESERVE YOUR SEATS WITH BOB SWANSON AT THE SERGEANT'S TABLE

Tickets Just \$61.21 For two with Dining Book Coupon

Includes Pre-Show Salon Party with Kiwanis No Money due until November!



Rock Island Rotary TRIVIA NIGHT

Friday, November 9th at 6:30pm

SAVE the DATE and get your team together for Rock Island Rotary's annual fundraiser! Cash prizes, cash bar, 50/50, silent auction and TONS of FUN with MR. TRIVIA!!!

SIGN UP SHEET AT NEXT WEEK'S MEETING!

This fundraiser supports Earl Hanson Elementary School.

When: Friday, November 9th, 2017

Where: Milan Community Center, 2701 1st Street East, Milan

Time: 6:30pm START time, doors open at 5:45pm

Cost: \$100 a table, up to 8 players at a table

RSVP: Kathy Trone 309-794-9400 or Kathy@wesselspc.com

The Rock Island Rotary Club is challenging all other Rotary Clubs in the QC Area to participate and TRY to win the "Traveling Trophy" for the SMARTEST ROTARY CLUB!

The *Wine Raffle* winner will be announced at the event. Don't know what that is? Haven't bought a ticket? Win up to \$750 worth of wine. One ticket \$5, 5 tickets for \$20

WE NEED TO SELL WINE RAFFLE TICKETS!



Tickets for our Wine Raffle Fundraiser are available from President, Sue Cassatt. All members are asked to help promote and sell tickets. First prize is \$750 worth of wine of the winners choosing. 2nd place is \$500 and 3rd place \$250. Wine will be provided by the Grape Life Wine Store & Lounge. Cash prizes are available if the winner lives too far away to come select their wines. The winners will be drawn at our fall Rotary Trivia Night on November 9th. Tickets are just \$5 or five for \$20. We need to sell lots of tickets! All members are encouraged to not only purchase tickets, but to take a packet and sell to your non-Rotarian friends and associates. We need the entire Club to pitch in on this. Sold some? Sell some more!!! Just now getting to break even!



Wednesday October 24th, 2018
Celebrate Rotary's Success working to end Polio
5:30 pm – 9:00 pm
The Establishment – 220 19th street Rock Island, IL



Guys in Ties Show time starts at 7:00 pm
Open to the Public All ages welcome
Get your \$15 tickets today! 309 – 786 – 1111
(50% of ticket sales goes to Polio Fund)



MOLLY SHATTUCK STEPS INTO THE ROTARY SPOTLIGHT

Molly Shattuck, one of our younger club members was this week's spotlighted Rotarian. Molly grew up in a Rotary family, her dad, Tom Hammar being a long-time member and former President of our Club. Molly was educated in the Moline public schools and then earned her bachelor's and master's degrees as a Registered Dietician. After working in that field for several years, Holly had the urge to join her dad in the family business, Hammar and Associates. She was very proud of being able to manage being married, having young children, and going back to school and recently completed her final set of exams to become a fully Certified Public Accountant. Holly says she thoroughly enjoys working in the family firm, which now limits and specializes its services to business, religious, and not-for-profit entities, in addition to still providing tax services for fellow Rotarians. Holly said she loves Rotary and all the people she has met through her membership. She particularly likes feeling part of all the great work Rotary is doing all over the world. Molly serves on our Board of Directors, heads up our Birthday Books activity with Earl Hanson School, and has been a dedicated worker on virtually all our club's projects and fundraising activities. We're thrilled to have you too, Holly!!

ROCK ISLAND ROTARY STEPS UP FOR TWO RIVERS YMCA



Community Grants Committee Chair, Frank Lambert, presented our Rotary Club's \$600 donation to Denise McCauley of the Two Rivers YMCA. Mrs. McCauley noted that our contribution will be used exclusively for the "Y Solutions" program at Rock Island High School. That program provides mentors for students at risk of "heading in the wrong direction". The program also helps meet some of the emotional and financial needs of the troubled students and works to build personal esteem, trust, and confidence. 1 on 1 mentors are used.



Mrs. McCauley was able to relate several true stories regarding students in the program to illustrate the effectiveness and importance of "Y Solutions". Rotary is pleased to be able to help ensure that such programs continue their important service to the youth of our community.

