



Rock Island Rotary Weekly Review



March 13, 2018: Volume XXV, Issue 37
MEETING EVERY TUESDAY NOON - QUAD CITY BOTANICAL CENTER

HEALTH CARE REFORM

Dr. Christopher Peters grew up in Kansas, earned his medical degree at the University of Kansas, and served nine years as an officer in the U.S. Army Medical Corps. Now a resident of Coralville, Iowa, with his wife and three sons, Dr. Peters is in private practice with a specialty in thoracic surgery. He is a veteran, a doctor, and a small business owner. Today he spoke to us on the topic of a Common Sense Health Care Reform.



Dr. Peters noted that Americans spend far more per capita on healthcare than any other developed nation, and total healthcare spending in America now exceeds 17 percent of GDP. Peters said he believes we need to reintroduce free market principles into the healthcare field, and that we can do so while still providing support to those who need it. Out-of-pocket expenses account for less than one-fourth of private healthcare spending in the U.S. That dynamic drives one of our underlying issues – our healthcare system does not reflect a true free market. Americans have very little information about the costs of their care and as a result patients seldom “shop around,” even though most health care is elective, and not for treatment of emergencies. As a result, neither patients nor providers have much incentive to control costs. We should return to a traditional insurance model for healthcare, which would provide coverage for unexpected but potential calamitous illness or injuries. This is best accomplished through what is also known as catastrophic health care insurance. Such insurance policies have much lower premium costs, making them more affordable to all Americans, and reducing the need to subsidize such costs. In other areas of our lives we purchase insurance policies to mitigate the risk of unlikely and costly events, but we do not use that insurance to cover routine needs. For example, while automobile insurance will cover a serious collision, and home insurance will cover a fire, we do not expect those insurance policies to cover an oil change or housecleaning. Peters also is a strong proponent of Health Savings Accounts (HSAs). Routine healthcare needs - with the exception of unexpected and catastrophic events, which would be covered by insurance - should be paid for by individual patients. This would eliminate the middleman costs of insurance companies, as well as allow market forces to work in a myriad of ways. It would promote price transparency by providers, while also promoting cost transparency to consumers, who are currently largely unconcerned with costs of healthcare services. It should thereby reduce the costs of individual medical services, decrease unnecessary utilization of healthcare services, and hopefully also promote healthier lifestyles. Dr Peters stated that health care costs in the United States have increased 8 times more than similar costs in other G-7 nations. He said administrative costs eat up 15 to 30% of health care spending and that third party (insurance companies) payments for most services have led to over utilization of services by both patients and providers. Stimply stated, people don't care what the cost is, so long as insurance covers it. In summary Peters suggested that the long term solution to our health care crisis is reforming health insurance by encouraging high deductibles leaving routine costs to market pressure; encouraging health savings plans; revise intellectual property right laws (patents) to ensure that the benefits given to pharmaceutical companies do not outweigh the cost incurred by patients.

Thank you, Dr. Peters for a very interesting and informative presentation.

Mar - May Calendar

- Mar 20 - Brian Baxter, Quad City Symphony Orchestra
- Mar 27 - Ballet Quad Cities
- Apr 3 - Tom Hammar & Molly Shattuck – TAXES!
- Apr 10 - Bert Blood Scholarships
- Apr 17 - Rotary Awards Banquet
- Apr 24 - Earl Hanson Inspire Choir
- May 1 - RIHS Entrepreneur Class
- May 8 - Jana Haskins – RiseUP
- May 15 - Jenni Swanson – Wellness in the work place
- May 22 - Kai Swanson – Forest Preserve Pat Rungrueng
- May 29 - Rotary Exchange Student, Pat Rungrueng



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Officers

Bruce Peterson, President
Sue Cassatt, 1st VP
Mark Mayeski, 2nd VP
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Carrie Crossen, Treasurer
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Al Metz
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Co-Sergeant at Arms
Bob Swanson & Vic Boblett

Program Chairs 2017-18

Aug – Sept: Fred Luckenbill
Oct – Nov: Tom Hammar
Dec – Jan: John Wetzel
Feb – Mar: Gary Rowe
Apr – May: Dave Geenen
June - July: Justin Peterson/
Bill Groh

Club Notes & Announcements!

- **WELCOME GUESTS!** Rock Island Rotary was pleased to welcome Alleman Jr. Rotarians Louis Portillo and Giselle Ramirez; and our exchange daughter Pat Rungrueng at today's meeting. Dr. Melvin Grims Interim Executive Director and Betsy Vanausdeln, Associate Director of Churches United of the Quad Cities were guests of our Community Grants Committee. Monica Kruse and Trino Leon, both prospective members from Meridian Title Company were guests of Kathy Trone. Guests are always welcome at Rock Island Rotary. Prospective members are our favorites!
- **BERT BLOOD COMMITTEE** - Carrie Crossen, Pat Cunningham, Carolyn and Ardo Holmgrain, Lo Milani, and Tom Showalter judging the applicants will be next Tuesday, March 20th, at the U of I Extension Office, 321 2nd Ave W, Milan, beginning at 1:30pm after our regular Rotary meeting. The Scholarships will be presented at our regular April 10th Club Meeting
- **AWARDS LUNCHEON** is coming up on April 17th. Nominations are needed for the Excellence Award, the Community Service Award, and the A.T. Peara Award for Rotarian of the Year. A nomination form is included with this newsletter. You have one more week to nominate those that you believe should be considered for an award. The deadline for submitting nominations is, next Tuesday, March 20th.
- **SERVICE OPPORTUNITY** – Help is still needed with the Heart of Hope Food Pantry. Thursdays 6 to 7:30pm. Contact Al Metz or Steve Morenz to join our team of volunteers! Used but sound plastic bags are needed too.
- **Have Items for our Newsletter?** Email to bobdebswanson@att.net. If you attend a Rotary event and take pictures, please also email or text them to Bob. The newsletter is much better with lots of photos!

FOUNDATION RAFFLE REPORT



Today's raffle featured fine wine from the Lo Milani Collection and cash. The first ticket drawn was held by Gary Rowe, who took the cash and donated it to our exchange daughter, Pat. The next ticket drawn was held by John Daly who went home with wine in hand. Just a reminder, all raffle proceeds go to support the International Rotary Foundation, carrying on humanitarian work throughout the world.

Thank you for participating!

GALESBURG ROTARY JOINS PARTNERSHIP!



Last Thursday Bob and Bud took our Water Project Presentation to Galesburg and had a warm reception from the Galesburg Rotary Club. Mike Locander was on hand to introduce our guys. After completing their program money began flowing with Rotarians opening their hearts and wallets in support of our project. By the time the meeting ended one thousand dollars in cash and checks had been handed over with more to come promised. Pictured are Steve Wilder – Galesburg's 1st Vice President, Bob, Bud, and Club President Doug Gibb. With these and other donations, 10 more filters were ordered giving safe filtered water to 700 more children.

Foundation Minute

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world. Many of these projects are directed towards conflict and violence that has displaced millions of people each year. Half of those killed in conflict are children, and 90% are civilians.

Rotary refuses to accept conflict as a way of life. Its projects provide training that fosters understanding and provides communities with the skills to resolve conflicts.

In the past Rotary and its members have helped Tanzanians with albinism find safe futures. It helped a university professor and a Rotary club fight Boko Haram by helping those women who were kidnapped find a new life. It has helped Brazil's youth escape from slums by offering them judo and helped end domestic violence in Australia.

A Rotaract club in the Philippines conduct anti-bullying campaigns in schools to teach children how to handle conflict peacefully from an early age, and local Rotarians in Louisiana dealt with domestic violence – the fourth highest incidence of death in the US -by helping a shelter provide food, clothing, legal advocacy and counseling to over 500 women in one year.

Rotary supports peace – with your help our foundation can continue to promote peace through projects and education. Thank you.



5TH ANNUAL HEART OF HOPE TRIVIA NIGHT FUNDRAISER

INVITE YOUR FRIENDS! Please join us for a GOOD CAUSE and a FUN NIGHT. Along with Trivia, we will have a Silent Auction and Raffle Door Prizes.

ARE YOU THE BEST AT TRIVIA? CASH PRIZES TO WINNING TABLE.

Doors Open at 5:00PM and Trivia Starts Around 6PM

\$10 per person, \$80 for a team of 8. Purchase them anytime.

Where

Holiday Inn Hotel and Conference Center
226 17th St, Rock Island, Illinois 61201

When

Friday, March 23, 2018
5:00 PM — 8:00 PM CDT

You can purchase tables right through the website.

You are also welcomed to stop by or mail your registration to:
Rock Island, IL

For additional information, give us a call at 309-428-4792

Rotarians are invited to help The Heart of Hope, with whom we share our weekly food pantry project, by participating in their Trivia Night Fundraiser. To register, call 309-428-4792 or go to their website, www.heartofhopeqc.org and click "NEXT EVENT".



You can bring your own snacks. No outside beverage are allowed. The Hotel will be providing a Cash Bar for your beverage purchases.

ROTARY SUPPORTS CHURCHES UNITED!



Community Grant Chairman, Frank Lambert, presents Rotary's \$1,000 donation to Churches United. Accepting the check are Interim Executive Director of Churches United, Dr. Melvin Grimes and Associate Director Betsy Vanausdeln. Ms. Vanausdeln gave a short explanation of the work done by Churches United and stated that the funds would be used to support their ministries, particularly the food pantry, the clothing exchange, and their women's shelter. Churches United is the largest provider of free food in our bi-county area with 24 food pantries and 3 free hot meal sites serving dinner every day of the year. Their emergency shelter for women, with or without children, who are homeless and/or survivors of domestic violence aids women and children experiencing life-threatening situations.

YET ANOTHER, PAUL HARRIS FELLOW!

Past President, Mike Locander, had the pleasant task of accepting a Paul Harris Fellow designation for his lovely wife, Heather, who unfortunately was unable to attend our meeting today. Mike received Heathers Paul Harris Certificate signed by International President, Ian H.S. Riseley, and her Paul Harris pin. Mike noted that both he and Heather became Paul Harris fellows not through one or two large contributions, but by just giving what they could when ever they were able. Although it seemed a relatively simple task for the Locanders, when you consider the Gates Foundation two to one matching pledge, Mike and Heather are directly responsible for \$6,000 in support of the Rotary International Foundation. Think of the number of children who can receive polio immunization just by the generosity of Mike and Heather Locander!



Club Sees Rick Emory Turn Blue!



It was not from needing a Heimlich Maneuver, rather just a recognition that Rick has completed all of the new member orientation requirements to turn in his red, new member, badge and receive his new blue badge. Rick has been a great addition to our club and is Vice-President and Trust Department Manager at American Bank & Trust Company. Pictured with Rick are his Rotary mentor, Frank Lambert, and President Bruce Peterson. We look forward to others who are wearing red badges to "turn blue" as soon as you can complete the club's orientation process.

KOSKI STRIKES AGAIN!



Our favorite Rotarian "Finn", Kevin Koski, made his annual plea for a free lunch today reminding us all the March 16th is St. Urho's Day. The legend of St. Urho says he chased the grasshoppers out of ancient Finland, thus saving the grape crop and the jobs of Finnish vineyard workers. He did this by uttering the phrase: "Heinäsiirkka, heinäsiirkka, mene täältä hiiteen" (roughly translated: "Grasshopper, grasshopper, go to Hell!"). His feast is celebrated by wearing the colors Royal Purple and Nile Green. St. Urho is nearly always represented with grapes and grasshoppers as part of the picture. Kevin also says it is the ideal time to lock in a year of good luck by taking a "Finn" to lunch!



ARE YOU READY FOR SOME FOOTBALL?

First Vice President, Sue Cassatt wants to organize a Rotary Social Event at the May 12th Quad City Steamwheelers home game at the TaxSlayer Center in Moline. The idea would be for Rotarians to attend and "Bring a Friend". This could be a great way to interest a potential member in Rotary in a fun and non-threatening environment. Now all we need to know is who is interested? Just let Sue Cassatt know if your up for some football fun and a Rotary social!

ROCK ISLAND ROTARY CLUB 2018 Awards Committee



Rock Island Rotary's annual Awards Luncheon is scheduled for **Tuesday, April 17th**. The Awards Committee seeks nominations for the following awards:

1. **Excellence:** Recognizes distinction or superiority in a field of endeavor. This can be for a single accomplishment or for achieving high standards of achievement or performance over as sustained period of time.
2. **Community Service:** Recognizes individuals or organizations who have worked effectively for the betterment of our community.
3. **A.T. Peara Award for Service Above Self:** Recognizes the Rock Island Rotary member who has exhibited the dedicated service and faithful commitment to the ideals of Rotary that were personified by A.T. Peara, for whom the award is named after.

The first two awards are open to any individual or organization that has demonstrated excellence or worked for the betterment of the Rock Island community. The excellence award applies to all lines of work and to all ages.

The A.T. Peara Award is limited to current members of Rock Island Rotary.

To ensure that our committee has adequate time to evaluate, consider, make the selections, and have awards prepared, the deadline for nominations is March 20th. Please consider making one or more nominations using the lower portion of this form. Additional copies are available if you need them. We greatly appreciate your participation and assistance.

Submit Nomination to: Carrie Crossen or by e-mail to ccrossen@choosethechief.com

NOMINEE NAME: _____ Your Name: _____

Nominated for (be sure to indicate):

____ Excellence ____ Community Service ____ A.T. Peara Award

Reasons in support of your nomination:
