



Rock Island Rotary Weekly Review



May 9, 2017: Volume XXIV, Issue 44

MEETING EVERY TUESDAY NOON - QUAD CITY BOTANICAL CENTER

ARROWHEAD



Rotarians heard a very interesting program today from Dr. Chester Lien, CEO of Arrowhead Youth and Family Services. Dr. Lien has been in the educational world since 1987. He has a degree as an Education Specialist and a Doctor of Education. He has held positions from paraprofessional, to teacher, to principal, to superintendent. In reviewing the history of Arrowhead, Dr. Lien stated that over the years residential treatment centers have faced many challenges. Increased costs for residential care make the top of the list.

Funding cuts in the state of Illinois create an even bigger challenge.

Noting that Arrowhead started in 1946 when Rock Island County allowed them to take over the long closed Rock Island County Insane Asylum property near Coal Valley. Arrowhead became a private institution in 1958 when Country funding was discontinued. The present facilities were constructed in 1970 housing boys who farmed the 400 acre property. In 1975 DCFS and newly enacted labor laws forced the facility to stop the boys' farming activities. By 1988 more dorms were built and the Arrowhead population grew to 70 boys. By the late 90s as many as 85 boys resided at the "Ranch". Then DCFS altered their philosophy and adopted a policy of trying to keep kids in their homes as opposed to residential placement. Enrollment dropped drastically to where currently there are just 27 boys in the program. In 2004 Arrowhead initiated a program for females and girls at risk were added to the population. However, by 2015 there was just one girl at Arrowhead and the female program was discontinued. Arrowhead Youth and Family Services (formerly Arrowhead Ranch) is committed to helping youth-at-risk return to the community as responsible and productive young people. To aid in this transition, Arrowhead provides educational opportunities for progression or completion of academic goals, career and vocational skill development, and long-term life skills development and healthful living strategies. Arrowhead offers two residential programs: Traditional and Intensive. Both programs operate under the same programmatic philosophy and are geared toward integrating youth back into their communities. Arrowhead works to create a therapeutic environment by involving the family as part of the program, and they can provide therapeutic interventions that are empowering and tailored to the needs of each individual and family. Youth placed in Arrowhead's residential program have experienced moderate to severe difficulties in the home, school, or community. They have displayed behaviors that are symptoms of mental health issues which have not been effectively reduced or resolved in a less restrictive environment. They have no serious organic, physical, or emotional handicaps and possess a normal intelligence. The traditional program accepts male youth between the ages of 12-21 with moderate presenting mental health symptoms. Funding for the traditional program comes from the per-diem cost of placement utilized by statewide county probation offices, the Illinois State Board of Education, the Illinois Department of Juvenile Justice, and private placements.

April – June Calendar

- May 16 - Dr. David Markward
"Free the Teachers"
- May 23 - Kathy Weiman,
Alternatives for Older
Adults
- May 30 - Mike Thoms – Vision for
Rock Island
- June 6 - Dr. Joseph Rives, Western
Illinois Univ. Quad Cities
- June 13 - John Gripp and Todd
Winter. Rock Island Parks
& Recreation

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Officers

Steve Morenz, President
Bruce Peterson, 1st VP
Sue Cassatt, 2nd VP
Anne McGlynn, Secretary
Carrie Crossen, Treasurer
John Phillips, Past President

Board Members

Dave Geenen
Jim Nordquist
Molly Shattuck
Al Metz
Tricia Barron
Angela Campbell
James Benson
Billy Puckett
Co-Sergeant at Arms
Bob Swanson & Vic Boblett

Program Chairs 2016-17

July – Aug: Kyle Vietti
Sept – Oct: Dave Geenen
Nov – Dec: Gary Rowe
Jan – Feb: John Wetzel
Mar – Apr: Julie Gelaude
May – June: Bob Swanson

Club Notes & Announcements!

- **WELCOME GUESTS!** Rock Island Rotary was pleased to welcome Alleman Catholic High School Jr. Rotarians, Nate Eder and Conner Boyd and Rock Island High School Jr. Rotarians, Aaron Crose, Jerry Hacker, Alek Jacobs, and Annika Hong. Also visiting from Rocky were Interact President, Jada Black, vice-president Lauren Bell, and faculty sponsor, Wade Weber. We were also pleased to welcome visiting Rotarians, Duncan Cameron, from Naples, Florida, and Mark Zimmerman from Davenport, Iowa. Our exchange daughter, Agata Burzinska from Poland was present, as was Bryson Danielson an Arrowhead student who accompanied our speaker. Rock Island Rotary thanks guests for joining us and hope you enjoyed your visit!
- **SERVICE OPPORTUNITY** – Our Club is partnering with the Heart of Hope Food Pantry. Volunteers are needed Thursdays 6 to 7:30pm just once a month. If evening is a problem a Thursday morning opportunity is also available! Contact Al Metz or Steve Morenz to join our team of volunteers! Used but sound plastic bags are needed too. Rather than throwing away your used bags, bring them to Rotary or if you have volunteered to work at the Food Pantry, take bags with you!
- **ROTARY NIGHT AT THE BALLPARK** – Is set for Thursday, July 6th. Mark your calendar now to save the date. We'll have reserved seating, a pre-game social, and our President will throw out the first ball! The Bandits have promised plenty of promotion for Rotary, plus a beautiful evening of baseball, hotdogs, and your favorite outdoor beverages! Tickets will be available as we get closer to the date. But for now --- mark your calendar!
- **NEW CLUB ROSTER BOOK** – You will soon get an email asking you to review and update your listing. Please promptly reply. If you have a photo you want to use, email it to Bob Swanson. We'll take a new photo if you prefer.
- **Have Items for our Newsletter?** Email items for publication to Bob Swanson at bobdebswanson@att.net.

FOUNDATION RAFFLE



Today's raffle featured Two bottles of fine wine from the Lo Milani Cellar and cash. Steve Morenz won the cash and donated it to the Rotary Foundation. Tricia Student Jada Black won wine and handed it over to Interact sponsor, Wade Weber. The second bottle went to Al Metz who held it tightly all the way to the door! THANKS to all who participated.

IT'S BIRDIES TIME!

Our Birdies for Charity drive is underway. All pledges will go to our Club's local Foundation. Making your donation to the foundation through Birdies for Charity means the foundation will receive your donation PLUS matching funds from the Deere Foundation (last year a 10% contribution). So far, Kevin reports just 9 of our 100 members have pledged! Pledge forms available from Kevin and at the Sergeant's table. Our goal is 45 pledges!



RYLA REPORT

Mike Locander Introduced RI Interact Pres. Jada Black and V-Pres. Lauren Bell who were part of an eight student contingent sent by RI Rotary to RYLA (Rotary Youth Leadership Activity) last week. Jada described



the experience as "Amazing" and noted that she was honored as the "Number One Leader" in her group. Lauren said she went in rather shy but by the end of the activities had made many new friends and said she received, "Great leadership training". We also had great participation from Alleman this year.

FOUNDATION MINUTE

According to the World Health Organization, nearly 830 women die every day from preventable causes related to pregnancy and childbirth. 99% of maternal deaths occur in developing countries where nearly half of all mothers and newborns do not receive care during and after birth. The leading causes of death for children under 5 are birth complications, pneumonia, birth asphyxia, diarrhea and malaria. The deaths can be prevented and treated with access to healthcare services.

Rotary members are working diligently towards eliminating these causes. They provide education, immunizations, birth kits, mobile health clinics, and much more. Women are taught how to prevent mother-to-infant-HIV transmission, how to breast-feed and how to protect themselves and their children from disease.

In the Philippines Rotary clubs are providing cradle boxes for newborn babies. Each box contains postpartum care materials and newborn supplies such as healthcare kits and clothing.

In Ghana, The Rotary Club of Accra East conducted a community-wide medical outreach program where more than 300 women and children benefited from health screenings and received necessary medical supplies.

And in Bangladesh, the Rotary Club of Dhaka North assisted poor pregnant women with no cost surgeries and other necessary medicine during emergencies.

Your contribution to The Rotary Foundation enabled this to happen. Thank you.



WATER PROJECT STICKERS AVAILABLE

Newly designed full color stickers were created to be placed on the water filters we are providing for village children in rural Kenya. The sticker, features the Rotary logo, an American Flag and the inscription, "Rotary Clubs of Western Illinois & Eastern Iowa". Stickers are available from the Sergeant at Arms for \$1. They make great bumper or window stickers. Proceeds to the Water Project. We'll have a fresh supply of stickers at next week's meeting!

50 Things Every Rotarian Should Know About Rotary

Taken from an article by Steve Garret, District Governor 1994-1995

40 - AMBASSADORIAL SCHOLARSHIPS

The Rotary Foundation Ambassadorial Scholarships Program is the world's largest privately funded international scholarships program. In 1947, 18 "Rotary Fellows" from 11 countries were selected to serve as ambassadors of goodwill while studying in another country for one academic year. Since that time, approximately \$242 million has been expended on some 25,000 scholarships for people from more than 125 countries, studying in 105 countries around the world.

The purpose of the Scholarships Program is to further international understanding and friendly relations among people of different countries. Scholars are expected to be outstanding ambassadors of goodwill to the people of the host country through both informal and formal appearances before Rotary and non-Rotary groups.

Beginning with the 1994-95 program year, The Rotary Foundation offers two new types of scholarships in addition to the Academic-Year Ambassadorial Scholarship offered since 1947. The Multi-Year Ambassadorial Scholarship is awarded for two or three years of specific degree-oriented study abroad. The Cultural Ambassadorial Scholarship provides three or six months of funding for intensive language study and cultural immersion in a language other than their native language.

Rotarians know that Rotary Foundation scholarships are very worthwhile investments in the future and one important step in seeking greater understanding and goodwill in the world

We'll follow up with more of the 50 Things Every Rotarian Should Know About Rotary in future issues

CLUB SEES JENNIFER TURN BLUE!



How's that for an attention getting headline! In all seriousness, Jennifer Garrity, one of our relatively new members, completed all of her orientation check list and today turned in her "red" new member name badge and was presented with her "blue" regular member badge. Jennifer has been a great and active addition to our ranks, volunteering for many projects and activities and regularly attending meetings. If you haven't yet had the opportunity to meet Jennifer, please take the time to say "hello" at our next meeting. Jennifer has been employed by MetroLink in Rock Island, for 18 years and has been in her current role as the manager of administration since 2005. She serves as the public relations and marketing expert of MetroLink and spearheaded marketing campaigns recognized nationally by the American Public Transportation Association (APTA), as well as locally.

ARROWHEAD -

The intensive program accepts male youth between the ages of 12-21 with moderate to severe presenting mental health symptoms. Youth eligible for the DCFS contracted beds are between the ages of 14-18. Funding for the Intensive program comes from the per-diem cost of placement utilized by Department of Children and Family Services (DCFS 9-bed contract). Three additional placement beds remain an option for utilization by DCFS (above contract bed). Arrowhead is a strength-based program that includes reality therapy, cognitive behavioral therapy, rational emotive behavioral therapy, solution-focused therapy, and family systems therapy. Strength-based practice emphasizes a person's self-determination and personal strength with a focus on a person's resiliency and decision-making ability. As such, treatment results from empowerment, respect, and acknowledgement of personal strengths. Dr. Lien noted that Arrowhead has three areas of emphasis: 1) Treatment, 2) Education, and 3) Outreach.

Dr. Lien also acknowledged that he was hired as CEO with a very specific charge: Either find a way to financially sustain the facility; or, advise the 13-person Arrowhead Board on how to close down the facility. Dr. Lien said he is absolutely opposed to closing the facility and with the support of the Board will be taking the facility in a totally new direction. He said we will shortly see a campaign to raise funding for a \$2-3 million remodel of the facilities, which were primarily constructed in the 1970s. Then in the fall of 2018, Arrowhead will begin a nation-wide campaign via media, mailings, and presentations to offer its services to communities, agencies, and courts, all across the country. Arrowhead Youth and Family Services is necessary for the children and families in our community. They are our future. Thanks Dr. Lien, who incidentally is a fellow Rotarian and a member of the Milan Rotary Club.



Spring into Summer 5K

Rotarian Dan McNeil extended an invitation to all to join the Spring Forward Learning Center's "Spring Into Summer 5K Run/Walk" on May 20th. Partnering with the Martin Luther King Community Center and Rock Island Library, all proceeds will be used to fund the Summer Enrichment Program. Gather up your friends and/or co-workers and enter. The 5K course at Sunset Park in Rock Island is fast and flat with scenic views of Potter Lake and the Mississippi River. If you choose not to run or walk, join the post-race picnic with food, games, and family activities. The fun starts at 9am picnic at 11. Register online www.springforwardqca.org.