



Rock Island Rotary Weekly Review



March 21, 2017: Volume XXIV, Issue 37
MEETING EVERY TUESDAY NOON - QUAD CITY BOTANICAL CENTER

Mindfulness Marsh



Guest speaker, Chelsea Haley invited Rotarians to join a Mindfulness Walk at the "Marsh". The Nahant Marsh is one of the last remaining urban wetlands of its size on the Upper Mississippi River; covering approximately 265 acres nestled in southwest Davenport. It is part of a

513-acre wetland complex, located just west of Credit Island. After years of being used as a sportsman's gun club, investigations showed that the marsh had high levels of lead. In 1998, the Nahant Marsh area was donated to the City of Davenport by the Scott County Sportsmen's Association, a master plan was adopted by the City of Davenport to rehabilitate the land. The U.S. Fish and Wildlife Service, River Action, Quad City Audubon Society, and Iowa DNR came together to try to save the marsh and conserve its biotic community. The EPA declared the marsh a Superfund Site and began an extensive cleanup of the lead. After the cleanup, wildlife and plant life showed a vast improvement. So much so that it was decided to make the wetland a nature preserve; thus the birth of what it is today. In 2000, after major rehabilitation efforts, the Nahant Marsh education center opened its doors. Today the Nahant Marsh Ecological Area conserves wetland resources and habitat and offers the community wetland and water quality education and outreach opportunities. The Nahant Marsh is home to over 150 species of birds; more than 400 species of plants; and a wide variety of mammals, fish, reptiles, amphibians, and insects, including several rare and endangered species. The trails, dock, and bird blind at Nahant Marsh allow visitors to experience different habitats including: Wet prairie meadow, Mesic prairie, Sand prairie, Open water habitat, Floodplain forest, and Vernal pond. The Education Center is open Monday – Friday 8:30-4:30 p.m. and Saturdays 9:00 a.m.-3 p.m. There is no fee to visit the Education Center, but donations are appreciated. Trails are open daily from sunrise to sunset. If the main gate is locked, trails are accessible from the front parking lot. Nahant Marsh provides a wide variety of programs and activities for all ages. A full calendar of events for community programs, special events, and day camp is scheduled including the "Mindful Marsh Walkthrough" on April 13th starting at 5:30 p.m. Ms. Haley invited Rotarians to learn about mindfulness and how to practice the art of being mindful which she defined as "intentional awareness". In particular, Ms. Haley urged awareness of global warming and climate change, which she contends has increased wild fires, resulting in carbon release from the terra firma resulting in increased climate change. She urged human connection to nature which among other things she says will relieve stress, boost your immune system, and increase your ability to relax. We're all invited to join the Mindfulness Marsh Tour at Nahant Marsh on April 13th which will include education on environmental ethics, a tour through the marsh, and conclude with craft beer and hors d'oeuvres.

March – May Calendar

- Mar 28 - Anita Zemba-Schadt - Dementia
- Apr 4 - Bert Blood Scholarship
- Apr 8 - District Assembly – Kishwaukee College, Malta, IL
- Apr 11 - Chris Britton - Poetry
- Apr 18 - Rotary Awards Program
- Apr 25 - Wes Llewellyn – Restaurant and Hospitality
- May 2 - Earl Hanson Inspire Choir
- May 9 - Dr. Chester Lien, CEO Arrowhead Ranch
- May 16 - Dr. David Markward "Free the Teachers"



P.O. Box 4514
Rock Island, IL 61204
www.rirotary.com

Officers

Steve Morenz, President
Bruce Peterson, 1st VP
Sue Cassatt, 2nd VP
Anne McGlynn, Secretary
Carrie Crossen, Treasurer
John Phillips, Past President

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Jim Nordquist
Molly Shattuck
Al Metz
Tricia Barron
Angela Campbell
James Benson
Billy Puckett
Co-Sergeant at Arms
Bob Swanson & Vic Boblett

Program Chairs 2016-17

July – Aug: Kyle Vietti
Sept – Oct: Dave Geenen
Nov – Dec: Gary Rowe
Jan – Feb: John Wetzel
Mar – Apr: Julie Gelaude
May – June: Bob Swanson

Mark Your Calendar
Rotary Night At
The Ball Park –
Thursday, July 6th

Club Notes & Announcements!

☐ **WELCOME GUESTS!** Rock Island Rotary was pleased to welcome Jodie Kavenksy, a guest of the Budget Priorities Committee. Noel Huntley, a Jr. Rotarian from Alleman High School was present as was our Exchange daughter, Agata Burzinska. Mary McNeil was a guest of Dan McNeil and Mar McQuate, a prospective member was a guest of Dave Geenen. John Schaaf a visiting Rotarian from the Twin Rivers (RAH) Club also visited us. Rock Island Rotary always welcomes guests, particularly prospective members! Invite a friend next week!!

☐ **NOMINATIONS ARE NEEDED OUR 2017 AWARDS.** See the attached nomination form. Just one more week to get them in!

☐ **NEW SERVICE OPPORTUNITY** – Still a few good Rotarians needed! Our Club is partnering with the Heart of Hope Food Pantry. Volunteers are needed Thursdays 6 to 7:30pm just once a month. Contact Al Metz or Steve Morenz to volunteer! Also, a Thursday morning opportunity is available!

☐ **FELLOWSHIP OF WINING ROTARIANS** will gather on Thursday, April 20, 2017 at the Grape Life Wine Store and Lounge, Davenport. The fun begins at 6pm with live music at 7pm. No cover, just come enjoy the fun, music, and your favorite wine or other adult beverage.

☐ **Have Items for our Newsletter?** Email items for publication to Bob Swanson at bobdebswanson@att.net.

EARL HANSON BIRTHDAY BOOKS THURSDAY, 3/30!



Rotarians are needed to help hand out books at Earl Hanson Elementary next Thursday, March 30th. Help the kids celebrate their March birthday, enjoy a quick snack, sign a few books, and hear Fred Houlton's harmonica entertainment! Be there at 2:25, done by 3:00.

FOUNDATION RAFFLE



Today our raffle featured cash, a Dr. Larry Tadlock Bowl and wine from the Lo Milani cellar. Gary Rowe won the cash and donated it to exchange daughter, Agata. Larry Tadlock won the wine (can't believe he didn't take the bowl!), and Stan Coin won the coveted bowl.

Thanks to all who participated!

STILL TIME --- Register for our District Conference

Fri, Apr 28, 2017, 4:00 PM – Sun, Apr 30, 2017 at Noon

Starved Rock State Park

FUN is guaranteed for all who can attend! Rock Island Rotary will be presenting our water project at the Friday evening dinner. The support of fellow Rock Island Rotarians will be greatly appreciated.

Highlights:

Friday: Golf, Dixieland Jazz & Foundation Dinner!

Saturday: Literacy Breakfast, Youth Program, Presidents' Dinner & Zydeco entertainment!

Sunday: Future Vision, Resolutions & Young Professionals Summit!

For a lot more info including the registration link, CLICK **HERE!** www.rotary6420.org !

Rock Island Rotary will reimburse up to \$100 of your registration cost!

FOUNDATION MINUTE

In the past years, remote villages in Taiwan have experienced a considerable gap between the quality of education between urban and rural areas. The lack of resources in remote areas led to poorer performances by children, many who were aborigines. Since these children could never catch up, roughly a quarter of them dropped out of elementary school. Improving education seemed to be crucial in helping eliminate poverty in these areas.

A team of professional educators and members of the Rotary Club of Taipei Pei An in Taiwan researched this problem and found that an understanding of basic science was the rural school's weakest area. By making the subject matter more interesting, students would continue their studies.

Through a global grant, they provided teachers who specialized in a creative approach to science; to make the project sustainable, they trained local teachers in this curriculum.

According to Pauline Leung, a past district governor of District 3520 in Taiwan, "... on seeing for the first time the big smiles on the children's faces as they became excited about learning, ... it confirmed that we were doing the right thing. We used Rotary Foundation funds to reach twenty schools and are convinced that our contributions to The Rotary Foundation are certainly doing good in the world and have become service for future generations."

Thank you for your support.

MENTORS NEEDED!

One of the great things that distinguishes our club from many others is our program for mentoring new Rotarians. It's a way to ensure that new members feel welcomed and quickly learn about our Club and Rotary International. We've been fortunate to induct a number of new members over the past year and have several currently in "the pipeline", scheduled for induction in the very near future. Unfortunately, we are low on members willing to act as mentors for these new Rotarians. So, we're calling on all members to step up. No qualifications needed other than willingness to be a friend, to answer questions and to share our Rotary experience! Will you help? If so, just let President Steve or Vice-President Bruce know.



Murder MYSTERY Dinner

5pm Sharp! | Saturday April 8, 2017

\$60/per person

At City View Celebrations
701 12th St
Moline, IL 61265

For ticket information email

Kimberly.Crane@Tyson.com Join Moline Rotary for an evening of fun and good food as we follow clues to help us find the murderer among us!

50 Things Every Rotarian Should Know About Rotary

Taken from an article by Steve Garret, District Governor 1994-1995

33 - ROTARY FRIENDSHIP EXCHANGE

An interesting Rotary program of fellowship is the Rotary Friendship Exchange. This activity, originally recommended by the New Horizons Committee in 1981, is intended to encourage Rotarians and spouses to visit with Rotarian families in other parts of the world. It may be conducted on a club-to-club or district-to-district basis.

The idea is for several Rotarian couples to travel to another country on the Rotary Friendship Exchange. Later the hospitality is reversed when the visit is exchanged. After a successful pilot experiment, the Rotary Friendship Exchange has become a permanent program of Rotary.

The Rotary Friendship Exchange is frequently compared to the Group Study Exchange program of The Rotary Foundation, except that it involves Rotarian couples who personally pay for all expenses of their inter-country experience. Doors of friendship are opened in a way which could not be duplicated except in Rotary.

Rotarians seeking an unusual vacation and fellowship experience should learn more about the Rotary Friendship Exchange. Some unusual Rotary adventures are awaiting you!

We'll follow up with more of the 50 Things Every Rotarian Should Know About Rotary in future issues



Budget priorities Chairman, Frank Lambert presents a Rotary check to Jodie Kavensky of The Norma Leah Ovarian Cancer Initiative, an organization Jodie founded in memory and to honor her mother and aunt who both died as a result of ovarian cancer. Rock Island Rotary donated \$750 to the Norma Leah Ovarian Cancer Initiative. The funds will be used to support the organization's Sisterly Advice Presentation scheduled for September at the Rock Island Public Library. Rotarians and their spouses are invited to attend.

Our Most Recent Paul Harris Fellow

Rotarian, Mark Mayeski, a Paul Harris Fellow, had previously honored his wife, Kimberly with the Paul Harris Fellow designation. Today with another donation to the Rotary International Foundation Mark, bestowed the honor of being a Paul Harris Fellow upon his daughter, Madeline. Mark's additional donation also qualified him for designation as a Paul Harris Fellow Plus I donor. In addition to the Paul Harris Certificate and pin for Madeline, Mark received a new Paul Harris pin with an inset jewel in recognition of his new designation.





ROCK ISLAND ROTARY CLUB 2017 Awards Committee

Rock Island Rotary's annual Awards Luncheon is scheduled for **Tuesday, April 18th**. The Awards Committee seeks nominations for the following awards:

1. **Excellence:** Recognizes distinction or superiority in a field of endeavor. This can be for a single accomplishment or for achieving high standards of achievement or performance over as sustained period of time.
2. **Community Service:** Recognizes individuals or organizations who have worked effectively for the betterment of our community.
3. **A.T. Peara Award for Service Above Self:** Recognizes the Rock Island Rotary member who has exhibited the dedicated service and faithful commitment to the ideals of Rotary that were personified by A.T. Peara, for whom the award is named after.

The first two awards are open to any individual or organization that has demonstrated excellence or worked for the betterment of the Rock Island community. The excellence award applies to all lines of work and to all ages.

The A.T. Peara Award is limited to current members of Rock Island Rotary.

To ensure that our committee has adequate time to evaluate, consider, make the selections, and have awards prepared, the deadline for nominations is Monday, March 27th. Please consider making one or more nominations using the lower portion of this form. Additional copies are available if you need them. We greatly appreciate your participation and assistance.

Submit Nomination to: Carrie Crossen or by e-mail to ccrossen@choosethechief.com

NOMINEE NAME: _____ **Your Name:** _____

Nominated for (be sure to indicate):

_____ Excellence _____ Community Service _____ A.T. Peara Award

Reasons in support of your nomination:
