



Rock Island Rotary Weekly Review

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NORMA•LEAH OVARIAN CANCER INITIATIVE

The Norma • Leah Ovarian Cancer Initiative is a 501(c) 3 organization established to create public awareness, promote early detection, and support research for ovarian cancer. Their ultimate goal is to have ovarian cancer screening become a routine part of a woman's annual gynecological exam. The organization honors the memory of two sisters, Norma Yecies Shagrin (May 21, 1935 – June 1, 2008) and Leah Yecies Hantman (July 25, 1931 – August 21, 1998) whose lives were cut short by this deadly disease. In 2008, on the night her mother died, Kavensky founded the Norma•Leah Ovarian Cancer Initiative in honor of her mother, Norma, and her aunt, Leah. Both sisters' lives were cut short by ovarian cancer.



October - December Calendar

- Oct 20 - Fellowship of Wining Rotarians at The Grape Life Wine Store and Lounge. 5:30 p.m. Jazz group performs at 7.
- Oct 25 - Alan Ross, Jewish Federation of the Quad Cities
- Oct 27 - Birthday Books, 2:30pm Earl Hanson Elementary
- Nov 1 - Angie Peterson, Children's Therapy Center
- Nov 8 - Jay Pearce, WVIK Radio
- Nov 11 - Rotary Trivia Night
- Nov 15 - Roger Ruthhart, Editor Dispatch/Argus
- Nov 22 - John Gripp, RI Parks Dept.
- Nov 29 - Linda Rowe, Oral Health
- Dec 6 - Rock Island Chamber Choir
- Dec 7 - Rotary Circa 21 Party
- Dec 13 - Linda Cook, Film Critic
- Dec 20 - Don Wooten, Broadcaster, Columnist

"A few months before my mother passed away of ovarian cancer, she went to a women's cancer luncheon, and they didn't even talk about this disease. And she said, after seven years, 'Jodie, you need to do something.' And I made her the promise that I would," said Kavensky.

Today, Kavensky believes that knowledge is power. When diagnosed at an early stage, ovarian cancer has a 92 percent survival rate. Unfortunately, most ovarian cancers are not discovered early. The group works to empower women to know and recognize the disease's subtle symptoms - bloating that is persistent, eating less but feeling fuller, abdominal and/or back pain, and trouble with your bladder or bowels. Kavensky pointed out that ovarian cancer is the deadliest of all gynecological cancers. As of yet there is no screening test for early detection of the deadly disease. Ms. Kavensky stressed that those with a propensity for the disease need ask their doctors to check and "Rule Out" ovarian cancer. Many doctors do not regularly check for ovarian cancer and often a patient's insistence is required. Those with a family history of gynecological cancer, and those carrying the BRCA gene are most vulnerable.

Over the past eight years, the Norma•Leah Initiative has touched thousands of women by promoting awareness, early detection and research. You can spot the group's signature teal color throughout the Quad Cities at events like the Beat the Big O Gala and GirlpARTs art and music festival.

"We feel the more that we're out there in the community, and the more events we do, the more people we reach, the more lives we save. And that's what we're all about," said Kavensky. She offered to make her presentation to any group, church, club, or organization that would listen. A message well worth hearing!



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July – Aug: Kyle Vietti
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Nov – Dec: Gary Rowe
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Club Notes & Announcements!

□ **Welcome Guests!** At today's meeting Rock Island Rotary welcomed Alleman High Jr. Rotarians, Jessica Zepeda and Eli Gaeta. Heidi Lubben was a guest of Sue Cassatt; Diane Neary was a guest of her hubby, past-president John Neary. Jack Halicky an Augustana student intern visited along with our guest speaker Jodie Kavensky. Rounding out our guests for today was visiting Rotarian, Mark Zimmerman of the Davenport Club. Rock Island Rotary always welcomes guests, particularly prospective members! Invite a friend next week!!

□ **October 20th fun committee event** - Fellowship of Wining Rotarians at The Grape Life Wine Store and Lounge, 3402 Elmore Avenue, Davenport. 5:30 p.m. Jazz group performs at 7pm. All Rotarians and guests invited!!

□ **November 5th Foundation Roundtable/Seminar** from 3 to 5:00 PM. Followed by the Gala Foundation Dinner at the Deer Valley Country Club, 3298 Hoover Rd., Deer Grove, IL from 5 to 9 PM. Our own **Sam & Hilde Wray** will be honored at the dinner. If you can't make the Roundtable, attend the Gala Dinner. \$45.00/person by Oct.15; \$55.00 after October 15th. Registration: www.rotary6420.org click on the Event. Make dinner selection on line.

□ **Mentors Needed** – Mentors are still needed for the Entrepreneur and Enterprise class at Rock Island High School. This is a project we funded and need to support. Need more information? See Mike Locander or Monta Ponsetto.

□ **Have Items for our Newsletter?** Email items for publication to Bob Swanson at bobdebswanson@att.net.

FOUNDATION RAFFLE WINNERS!



Today's Foundation Raffle featured a bottle of fine wine from the Lo Milani Cellar and of course, a crowd favorite, cash. The first ticket drawn was held by none other than Tammy Weikert, who helped sell the tickets today! She opted to take the cash and donated it to the Rotary Foundation. Bill Stengel was the second winner and he took home the wine.

Thanks again to all who participated!

LIFESTRAW WATER FILTER VIDEOS

Last week Sam & Hilde Wray were honored as "Major Donors" for their generous donation to purchase LifeStraw Community water purification units for school children in Kenya. Sam also purchased an additional LifeStraw unit for display at our club and to be used in encouraging others to join in the effort to provide safe drinking water to children throughout the world. Subsequently several of our members asked where they might learn more about the LifeStraw filtration system developed by Vestergaard, a Danish manufacturer. Here are links to three informative videos. <https://youtu.be/A5AhVd-kU48?list=PLC470FCE9D5C02E9E> is a video explaining how the filter works. <https://youtu.be/3liG7zh2cAs> shows how another Rotary club is providing LifeStraw units to children in Kenya. <https://youtu.be/K614uvPwDeo> is not for the weak stomached. It shows muddy water mixed with dung being drunk by Vestergaard executives and others after passing it through the LifeStraw filter. (Demonstration done with a smaller "Family" LifeStraw model, but employing the same filtration system as the LifeStraw Community.)

ROCK ISLAND ROTARY HOLIDAY PARTY

Circa 21

Wednesday, December 7th

Salon Party 5pm – 6pm

Buffet 5:45 – 7pm

Bootlegger Show – 7:15

Holly Jolly Christmas 7:45

Don't be a Scrooge!!
Make your reservation!

RESERVE NOW

PAY LATER

See Bob Swanson

\$59.13 FOR 2 WITH

DINING BOOK COUPON



SIGN-UPS ARE AT 45 – WE HAVE 100 SEATS HELD!!!

GOT YOUR DINING BOOK?



Once again Rotary offers you the Quad Cities Dining Tour book with over 330 money saving coupons good at over 140 local restaurants! Best of all each book contains a two for one Circa 21 Coupon you can use for our Rotary Holiday Party. That one use will save you more than the entire cost of the book! Each book sells for \$35 and Rotary receives \$10 for each sale. See Fred Luckenbill and get your 2016-2017 Quad Cities Dining Tour Book today!

50 Things Every Rotarian Should Know About Rotary

Taken from an article by Steve Garret, District Governor 1994-1995

11 – WOMEN IN ROTARY

Until 1989, the Constitution and Bylaws of Rotary International stated that Rotary club membership was for males only. In 1978 the Rotary Club of Duarte, California, invited three women to become members. The RI board withdrew the charter of that club for violation of the RI Constitution. The club brought suit against RI claiming a violation of a state civil rights law which prevents discrimination of any form in business establishments or public accommodations. The appeals court and the California Supreme Court supported the Duarte position that Rotary could not remove the club's charter merely for inducting women into the club. The United States Supreme Court upheld the California court indicating that Rotary clubs do have a "business purpose" and are in some ways public-type organizations. This action in 1987 allowed women to become Rotarians in any jurisdiction having similar "public accommodation" statutes.

The RI constitutional change was made at the 1989 Council on Legislation, with a vote to eliminate the "male only" provision for all of Rotary.

We'll follow up with more of the 50 Things Every Rotarian Should Know About Rotary in future

PREPARING TO RING THE BELLS!

On December 3rd our Rotary club will be ringing bells for the Salvation Army! We have reserved the Hy-Vee in Rock Island on 18th Avenue from 10-4. We will be in charge of both doors so we need more volunteers than last year. We will be sending out an e-mail in early November, but if you want to reserve a 1-hour slot now (2 people per slot) then email Mark Mayeski at mark.mayeski@edwardjones.com.

Foundation Minute

Rotary clubs around the world are always supportive of projects that truly create an impact on the lives of the people that they serve. One such project comes from the Rotary Club of Ortigas Center in the Philippines. They initiated a sight-saving project for children with special needs. At least 350 children were diagnosed for visual impairment, and free eyeglasses were given. In cooperation with the Asian Eye Institute these children were also pre-screened for cataracts. With improved vision, they will be able to develop their own capabilities to their fullest potential.

In India smart canes for the visually impaired were donated. These special canes contain an attachment, which is embedded with ultrasonic sensors. They have a range of ten feet and make the user aware of obstacles from the knee up to the head. The club in India donated 200 such canes to the needy.

Your contribution to The Rotary Foundation enables the visually handicapped around the world to live a better and more productive life. Thank you for giving.

ROTARY & SHELTER BOX PROVIDE HURRICANE HELP!



Hurricane Matthew tore through impoverished Haiti on October 4th, leaving hundreds dead and many more homeless. The Category 4 storm affected an estimated 330,000 people in Haiti, including 6,400 who were moved to temporary shelters. Extensive damage to main bridges and other transportation networks have left some areas cut off and vulnerable. Torrential rains have resulted in flooding and landslides. And contaminated

water supplies threaten to lead to a surge in cholera cases and other waterborne illnesses.

A ShelterBox response team of volunteers from Canada, England, New Zealand, and the United States traveled to Port-au-Prince, Haiti's capital, last week to assess the damage and decide how best to help people. ShelterBox, an independent charity, is Rotary's project partner for disaster relief. Working with Rotary members, government authorities, and other relief agencies, ShelterBox is focusing on the cholera outbreak in the southern region of the island and emergency shelter. A shipment of ShelterBox supplies arrived in Les Cayes, in the south of Haiti, on Wednesday, which likely will be used to help health professionals screen and treat cholera victims.

"We hope to provide ShelterKits along with other crucial supplies like solar lights, mosquito nets, water purification units, and water carriers. All of which will help in the fight against cholera," says Chris Warham, chief executive of ShelterBox. With wind speeds reaching 155 miles per hour, Hurricane Matthew is considered the worst storm to make landfall in Haiti in more than 50 years.

HOW WE CAN HELP

The Disaster Network Assistance Rotarian Action Group and Rotary District 7020 are collecting donations for relief in Haiti and the Bahamas. The initial funds will be used to replace the roofs of 1,000 homes and provide Sawyer water filtration systems. Please visit their website to learn about ways to give. <http://portal.clubrunner.ca/50041>

[Reprinted from Rotary News]



Rock Island Rotary TRIVIA NIGHT

Friday, November 11th at 6:30pm

SAVE the DATE and get your team together for Rock Island Rotary's annual fundraiser! Cash prizes, cash bar, 50/50, silent auction and TONS of FUN with
MR. TRIVIA!!!

This fundraiser allows Rotary to support local youth programs such as: Rotary Youth Leadership Awards, Interact, Rotaract, Earlyact, Youth Exchange, Spring Forward Learning Center, Martin Luther King Center, and MANY other local programs.

When: Friday, November 11th, 2016

Where: Milan Community Center, 2701 1st Street East, Milan

Time: 6:30pm START time, doors open at 5:45pm

Cost: \$100 a table (up to 10 players at a table)

RSVP: Kathy Trone 309-794-9400 or Kathy@wesselspc.com

The Rock Island Rotary Club is challenging all other Rotary Clubs in the QC Area to participate and TRY to win the "Traveling Trophy" for the SMARTEST ROTARY CLUB!